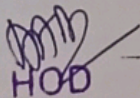


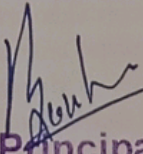
Anand Charitable Trust's
Anand Ayurved College,
Vaijapur, Aurangabad

ATP For IIIrd Year BAMS batch 2024-25

SAMHITA ADYAYANA-3

| Term wise distribution of allotted time | | | |
|---|------------------------------|----------------------|-------------------------|
| Term | Total teaching (150 Hrs.) | Lecture (50 Hrs.) | Non-Lecture (100hrs) |
| I | 52 | 18 | 34 |
| II | 53 | 20 | 33 |
| III | 45 | 12 | 33 |


HOD
Dept of Samhita
Anand Ayurved College
Vaijapur Dist Aurangabad


Principal
Anand Ayurved College
Vaijapur Dist.Chh.Sambhajinagar



NCISM
 III Professional Ayurvedacharya
 (BAMS)
Subject Code: AyUG-SA3
 Samhita Adhyayan-3
 (Study of Ayurveda Classical Text)

Summary

| Total number of Teaching hours: 150 | | | |
|-------------------------------------|-----|------------|-----------------|
| Lecture (LH) - Theory | | 50 | 50(LH) |
| Paper I | 50 | | |
| Non-Lecture (NLHT) | | 100 | 100(NLH) |
| Paper I | 100 | | |
| Non-Lecture (NLHP) | | 0 | |
| Paper I | 0 | | |

| Examination (Papers & Mark Distribution) | | | | | |
|--|------------------------|---------------------------|------|-------------|----|
| Item | Theory Component Marks | Practical Component Marks | | | |
| | | Practical | Viva | Elective | IA |
| Paper I | 100 | - | 75 | 10 (Set-TC) | 15 |
| Sub-Total | 100 | 100 | | | |
| Total marks | | 200 | | | |

Important Note: - The User Manual III BAMS is a valuable resource that provides comprehensive details about the curriculum file. It will help you understand and implement the curriculum. Please read the User Manual III before reading this curriculum file. The curriculum file has been thoroughly reviewed and verified for accuracy. However, if you find any discrepancies, please note that the contents related to the MSE should be considered authentic. In case of difficulty and questions regarding curriculum write to syllabus24ayu@ncismindia.org

TERM I

| Sr. No. | List of Topics of AyUG-SAiii | Month | Teachers Name | LH | Non-LH |
|---------|---|------------|------------------------|----|--------|
| 1. | <p>Cha.Chi.1. Rasayana Adhyaya</p> <p>1. Abhayamalakiya Rasayana Pada 1.1. Bheshaja Paryaya, classification of medicines (Bheshaja & Abheshaja Prakara), benefits of Rasayana and Vajikarana, and detailed types of Rasayana. 1.2 Indications and contraindications of Haritaki Prayoga and key formulations like Brahma Rasayana, Chyawanaprasha, and Haritaki Yoga.</p> | April 2025 | Vd. Deepa Anserwadekar | 01 | |
| 2. | <p>2. Pranakamiya Rasayana Pada 2.1 Gramya Ahara & Vihara and their effects on health. 2.2. Rasayana Yogas - Amalaki Rasayana, Nagabala Rasayana, and Bhallataka Rasayana.</p> | | | | |
| 3. | <p>3. Karapratichitiya Rasayana Pada 3.1 Amalakayasa Rasayana Kevala Amalaka Rasayana, Lauhadi Rasayana, Medhya Rasayana, Pippali Rasayana, Pippali Vardhaman Rasayana, Triphala Rasayana, and Shilajatu Rasayana.</p> | | | | |
| 4. | <p>4. Ayurveda Samutthaniya Rasayana Pada 4.1 Indrokta Rasayana and Achara Rasayana 4.2 Importance of Pranacharya Vaidya, ethical aspects of Chikitsa.</p> | | | | |
| 5. | <p>Cha. Chi. 2. Vajikarana Adhyaya</p> <p>1. Samyogasharamuliya Vajikaran Pada 1.1 Importance of Vajikarana 1.2. Various Vajikarana Yoga -Brumhani Gutika, Vajikarana Ghrita Vrushya Yoga, etc.</p> <p>2. Asikta Ksheerik Vajikaran Pada 2.1 Vrukshya Ksheera, Vrushya Dadhisara, Vrushya shashtika Odan etc.</p> <p>3. Mashaparnabhritiya Vajikaran Pada. 3.1 Specific cow's milk for Vajikaran,</p> | April 2025 | Vd. Prathamesh Sarode | 01 | |

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| | Shatavari ghrita etc. 4. Pumanjatabaladikam Vajikaran Pada. 4.1 Shukra Pravritti, Prashasta ShukraGuna Vajikarana Nirukti | | | |
| 6. | Cha. Chi .3. Jwara Chikitsitam 1. JuneJwara Prakruti, Pravritti, Prabhava, Poorvarupa, Adhishthana, Pratyatma Lakshana. 2. Jwara classification, Jwara Samanya Samprapti Lakshana, Sadhyasadhyata. 3. Jwara Chikitsa Sutra, Tarun Jwara Chikitsa Sutra, Dhatugata Jwara Chikitsa Sutra, Samsrustha Jwara Chikitsa Sutra, Sannipataj Jwara Chikitsa Sutra. 4. Vishama Jwara Chikitsa, Punaravartak Jwara Chikitsa Sutra, Shadanga Paneeya, ten types of Yavagupaan in Jwara. 5. Ghruta Prayoga, Ksheera Prayoga in Jeerna Jwara, Samshodhan Chikitsa, Daivavyapashraya Chikitsa in Jwara. | April 2025 | Vd. Deepa Anserwadekar | 01 |
| 7. | Cha. Chi.4.Raktapitta Chikitsitam 1. Raktapitta Hetu, Samanya Samprapti, Lakshana, Sadhyasadhyata, Doshanusara Raktapitta Lakshana, Sadhyasadhyata. 2. Gati Bheden Sadhyasadhyata of Raktapitta, Raktapitta Chikitsa Sutra. 3. Gudagata Raktapitta Chikitsa, Nasagata Raktapitta Chikitsa. 4. Raktapitta Shamana Yoga, Vasa Ghrita, Shatavaryadi Ghrita. | April 2025 | Vd. Deepa Anserwadekar | 01 |
| 8. | Cha. Chi .5. Gulma Chikitsitam 1. Gulma Hetu, Samanya Samprapti, Lakshana and Sadhyasadhyata 2. Gulma types, their Lakshana and Chikitsa 3. Gulma Chikitsa Yoga such as Tryushanadi Ghrita, Hingu-Saurvachaladya Ghrita, Pippalyadya Ghrita, Ksheerashatpala Ghrita, Mishraka Sneha etc. | April 2025 | Vd. Prathamesh Sarode | 01 |
| 9. | Cha.Chi. 6. Prameha Chikitsitam 1. Prameha Hetu, Samanya Samprapti, Sankhya Samprapti, Poorvarupa, Lakshana and Sadhyasadhyata. | April 2025 | Vd. Deepa Anserwadekar | 01 |

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| | <p>2. Prameha Chikitsa Sutra. 3. Different types of Kwatha Prayoga in Kaphaj Prameha, Pittaj Prameh. 4. Prameha Chikitsa Yoga Such as Phalatrikadi Kwath, Madhvasava, Peya Prayoga, etc.</p> | | | | |
| 10. | <p>Cha. Chi.7.Kushtha Chikitsitam 1. Kushtha Hetu, Samanya Samprapti, Sankhya Samprapti, Lakshana and Sadhyasadhyata 2. Kushtha Samanya Chikitsa Sutra 3. Kushtha Chikitsa Yoga such as Madhvasava, Kanakabindvarishta, Siddharthaka Yoga, Various types of Lepa, Tiktashatpala Ghrita, Mahatiktaka Ghrita, Mahakhadira Ghrita, etc. 4. Shwitra and Kilasa hetu, Lakshana and Chikitsa</p> | <p>April 2025 June 2025</p> | <p>Vd. Deepa Anserwadekar</p> | <p>01</p> | |
| 11. | <p>Cha.Chi 8. Rajyakshma Chikitsitam 1. Rajyakshma Chatvari Aayatanani, Samanya Samprapti, Lakshana. Purvarupa of Rajyakshma. 2. Rajyakshma Trirupa, Shadrupa, Ekadasharupa 3. Rajyakshma Chikitsa Sutra 4. Rajyakshma Chikitsa Yoga such as Yavani Shadava, Sitopaladi, Talishadya yoga, Jivantyadi Ghrita etc. Jugupsa Chikitsa.</p> | <p>April 2025</p> | <p>Vd. Deepa Anserwadekar</p> | <p>01</p> | |
| 12. | <p>Cha. Chi.9.Unmada Chikitsitam 1. Unmada Hetu, Samanya Samprapti, Samanya Lakshana. 2. Unmada Bhedha, Vataj, Pittaj, Kaphaj, Sannipataj, Agantuj Unmad Lakshana. 3. Unmada Chikitsa Sutra, Agantuja Unmada Hetu, Agantuja Unmada Chikitsa. 4. Vigata Unmada Lakshana, Unmada Chikitsa Yoga. 5. Kalyanaka Ghrita, Mahakalyanaka Ghrita, Mahapaishachika Ghrita, Lashunadya Ghrita, Purana Ghrita, Siddharthaka Yoga.</p> | <p>April 2025</p> | <p>Vd. Prathamesh Sarode</p> | <p>01</p> | |
| 13. | <p>Cha.Chi.10. Apasmara Chikitsitam Apasmar hetu, Samanya Samprapti, manya Lakshana. Apsmar bheda, their shana, and sadhyaasadhyata. 3 Apasmar Samanya Chikitsa Sutra</p> | <p>April 2025</p> | <p>Vd. Deepa Anserwadekar</p> | <p>01</p> | |

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| | 4. Apasmar - Chikitsa Yoga such as Panchagavya Ghrita, Mahapanchagavya Ghrita, Brahmi Ghruta etc. 5. Atattvabhinivesha hetu, Lakshana, Chikitsa | | | | |
| 14. | Cha. Chi.11.Kshataksheena Chikitsitam 1. Kshataksheena Hetu, Samprapti, Poorvarupa, Lakshana and Sadhyaasadhyata 2. Kshataksheena Chikitsa Shaman yogas such as Lakshadi yoga, Eladi Gutika, Amruta prasha Gruta, Sarpi Guda, Nagabala Rasayana etc. | April 2025 | Vd. Deepa Anserwadekar | 01 | |
| 15. | Cha. Chi. 12. Shwayathu Chikitsitam 1. Shwayathu Bheda, Nidana, Samprapti, 2. Samanya Lakshana and Sadhyasadhyata 3. Vataja, Pittaja, Kaphaja Shotha Lakshana 4. Shwayathu Chikitsa according to Avastha and according to Dosha-Pradhanya 5. Chikitsa Yoga Gandiradyarishta, Ashtashatarishta, Punarnavadyarishta, Kamsaharitaki, Ksharagutika, 6. Eka Deshaja Shotha | April 2025 | Vd. Prathamesh Sarode | 01 | |
| 16. | Cha. Chi.13.Udara Chikitsitam 1. Udara Roga Samanya Hetu, Purvarupa, Samprapti, Samanya Lakshana and 2. Sadhyaasadhyata Ashtodara and their Hetu, Samprapti and Lakshana 3. Samanya and Avasthika (according to Dosha predominance) Chikitsa of Udara Roga 4. Shaman Yogas such as Takraprayoga, Kshiraprayoga, Narayana Churna, etc | May 2025 | Vd. Deepa Anserwadekar | 01 | |
| 17. | Cha. Chi.14.Arsha Chikitsitam 1. Types of Arsha, Adhistan, Samsthan of Arshas, Purvarupa. 2. Nidan, Lakshan, Saadhyaasadhyata of Arshas based on dosha predominance. 3. Arsha Chikitsa, Ardra Arsha Chikitsa. 4. Lakshana and Chikitsa of Raktaj Arshas in association with dosha, Importance of Takra in Arsha. 5. Shamana Yoga, Takrarishta, Abhayarishta, Dantyarishta, Phalarishta, Kanakarishta, Kutajadi Rasakriya, Piccha Basti. | May 2025 | Vd. Deepa Anserwadekar | 01 | |

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| 18. | <p>Cha. Chi.15.Grahani dosha Chikitsitam</p> <ol style="list-style-type: none"> 1. Ajeerna: Hetu and Lakshana. 2. Grahani: Purvarupa, Lakshana, Prakruta Karma, and Bheda with Vataja, Pittaja, Kaphaja, Sannipataja variants, including Hetu, Lakshana, and Chikitsa. 3. Takra Prayoga, Takrarishta Yoga, and the significance of Sneha Prayoga in Mandagni. 4. Agni: Factors affecting it, Atyagni Samprapti, Lakshana, and Chikitsa. 5. Shamana Yogas: Dasamuladya Ghrita, Chittrakadi Vati, Trayushanadya Ghrita, Panchamuladya Ghrita, Bhunimbadya Churna, Mudhukaasava, Pindaasava, Mulaasava, Madhvaarishta. | May 2025 | Vd. Prathamesh Sarode | 01 | |
| 19. | <p>Cha. Chi.16.Panduroga Chikitsitam</p> <ol style="list-style-type: none"> 1. Panduroga Bheda, Hetu, Samprapti, Purvarupa, Samanya Lakshana. 2. Vataja, Pittaja, Kaphaja, Tridoshaja, Mridbhakshanajanya Panduroga Hetu, Lakshana, Sadhyasadhyata. 3. Pnduroga Samanya Chikitsa, Doshanusara Chikitsa. 4. Kamala Bheda, Lakshana, Chikitsa, Halimaka Lakshana, Chikitsa. 5. Shaman Yogas, Navayasa Churna, Mandura Vataak, Yogaraj, Dadimadya Ghruta, Punarnava Mandura. | May 2025 | Vd. Deepa Anserwadekar | 01 | |
| | <p>Revision</p> | May 2025- June 2025 | Vd. Deepa Anserwadekar & Vd. Prathamesh Sarode | 03 | |
| | <p>Term 1 non-lecture theory Activities Activities to be conducted in the entire term 1.</p> | June 2025 July 2025 August 2025 | Vd. Deepa Anserwadekar & Vd. Prathamesh Sarode | | 34 |

TERM II

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|-----|---|-----------|------------------------|----|--|
| 20. | Cha Chi.17.Hikka Shwasa Chikitsitam 1. Hikka Shwasa Hetu, Samanya Samprapti, Purvarupa. 2. Hikka types, Vishesha Lakshana, Sadhyasadyata, Shwasa types, Vishesha Lakshana, Sadhyasadyata. 3. Hikka Shwasa Samanya Chikitsa, Dhumapaan, Nasya Prayoga. 4. Shaman Yogas, Shatyadi Churna, Muktyadya Churna, Dashamuladya | Sept 2025 | Vd. Deepa Anserwadekar | 01 | |
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| | Ghrita. 5. Manasheeladi Ghrita, Tejovatyadi Ghrita. | | | | |
| 21. | Cha. Chi.18.Kasa Chikitsitam 1. Kasa bhedha, Purvarupa, Samprapti. 2. Vataj kasa, Pittaj Kasa, Kaphaj Kasa, Kshataj Kasa and Kshayaj Kasa, their hetu, Samprapti, Lakshana and Chikitsa. 3. Shaman yogas such as Kantakari Ghrita, pippalyadya Ghrita, Trayushanadya Ghrita, Agastya Haritaki, Guduchayadi Ghrita | Sept 2025 | Vd. Neha Vithale | 01 | |
| 22. | Cha. Chi.19.Atisara Chikitsitam 1. Hetu, Samprapti, Lakshana, Chikitsa of Vata Atisara, Pitta Atisara, Kapha Atisara, Tridoshajatisara (Sannipatatisara), Agantuja Atisara, Amaj Atisara. 2. Agantu Atisara Samanya Chikitsa, Pramaty Prayoga in Madhyama Dosha of Atisara. 3. Sangrahi Aoushadhi Nishedha, Samanya Chikitsa in Aamatisara, Takra Prayoga, Mamsa Prayoga, Khada Yusha Prayoga in Atisara. 4. Guda Bhramsha Chikitsa, Piccha Basti Prayoga, Sannipataj Atisara Chikitsa. 5. Shamana Yogas, Changeri Ghruta, Chavya Ghruta, Dashamoola Ghruta, Dravyadi Ghruta. | Sept 2025 | Vd. Deepa Anserwadekar | 01 | |
| 23. | Cha. Chi.20.Chhardi Chikitsitam 1. Chhardi Bheda, Purvarupa, 2. Chhardi Bhedanusarena Hetu, Samprapti and Lakshana, Sadhyasadyata, and Chikitsa sutra. 3. Chhardi Samanya Chikitsa 4. 4. Jeerana Chhardi lakshana and Chikitsa | Oct 2025 | Vd. Deepa Anserwadekar | 01 | |
| 24. | Cha. Chi.21.Visarpa Chikitsitam 1. Visarpa Vyakhya, Bheda, Sapta Dravya Samgrah, Visarpa Hetu, Samprapti, Lakshana according to Dosha-Pradhanya, Chikitsa. 2. Sthananusara 3. Visarpa Bheda, Lakshana, | Oct 2025 | Vd. Neha Vithale | 01 | |

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| | Sadhyasadhyata, Chikitsa, Upadrava Vyakhya. Visarpa Samanya Chikitsa, Importance of Raktamokshana, Bahiparimarjana Chikitsa. 4. Importance of Pradeha, Pralepa Yogas in Visarpa. 5. Pathya and Apathya Ahara in Visarpa. | | | | |
| 25. | Cha. Chi.22. Trishna Chikitsitam 1. Trushnaroga Hetu, Samprapti, Purvarupa, Samanya Lakshana 2. Lakshana and chikitsa sutra of Vata-Pitta-Kapha- Aamaja-Kshyaja-Upasargaja Trushnaroga. 3. Indications for Sheetalapaan and Ushna jala paan 4. Significance of Endra Jala, Trunapanchamula Sadhita Jala. Dhanyaambu | Nov 2025 | Vd. Deepa Anserwadekar | 01 | |
| 26. | Cha. Chi.23. Visha Chikitsitam 1. Visha types, Visha guna, Gara visha and Dushi Visha. Lakshana, Chikitsa. 2. Enumerate Visha upakram. 3. Shankha visha lakshana and Chikitsa. 4. Shaman yogas Mrityasanjivana Agad. Kshara Agad, Grihadhumadi yoga, Mahagandhahasti agad, Chandanadi yoga, Amruta ghruta | Nov 2025 | Vd. Neha Vithale | 01 | |
| 27. | Cha. Chi.24. Madatyaya Chikitsitam 1. Definition of Mada, Stages of Madatyaya 2. Types of Madatyaya and their Hetu, Lakshana and Samprapti, Chikitsa Sutra 3. Shat-trik 4. Dhawmsaka and vikshaya Lakshana and Chikitsa 5. Shamana Yogas, Astanga Lavana, Kshira Prayoga, etc | Nov 2025 | Vd. Deepa Anserwadekar | 01 | |
| 28. | Cha. Chi.25. Dwivraniya Chikitsitam 1. Enumerate Vrana bhedha, Vrana sthana, Gandha, Srava, Upadrava, dosha. 2. Sadhyaasadhyata and Chikitsa of vrana. | Nov 2025 | Vd. Deepa Anserwadekar | 01 | |
| 29. | Cha. Chi.26. Trimarmiya Chikitsitam 1. Nidan, Lakshana and Chikitsa of Udavarta 2. Enumerate Mutrakrichra, Pratishyaya, Shiroroga, Arochaka. | Nov 2025 | Vd. Neha Vithale | 01 | |

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| | <p>3. Nidan, Bhedha, Lakshana and Chikitsa of Hridroga.</p> <p>4. Shamana Yogas Sahacharataila, Mahanila taila, Dviruttara hingvada churna, Hinguvachadi Churna, Pasanabhedadi ghrita, Pushkarmuladi Kvatha.</p> <p>5. Significance of Tridosha.</p> | | | | |
| 30. | <p>Cha.Chi.27. Urusthambha Chikitsitam</p> <p>1. Hetu, Purvarupa, Lakshana of Urusthambha.</p> <p>2. Chikitsa Siddhanta of Urusthambha</p> <p>3. Substantiate contraindication of Panchakarma in Urusthambha Chikitsa</p> <p>4. Shaman yogas of Ashtakatvara Taila, Sharngeshtadi Churna</p> | Nov 2025 | Vd. Yogesh Patil | 01 | |
| 31. | <p>Cha.Chi.28. Vatavyadhi Chikitsitam</p> <p>1. Samanya Nidan, Purvarupa, Lakshana and Chikitsa sutra.</p> <p>2. Sthana bheda Kupita Vayu Lakshanas and Chikitsa.</p> <p>3. Chikitsa Sutra of Ardhita, Pakshaghata, Gridhrisi, Khalli.</p> <p>4. Avaran, Lakshana and Chikitsa.</p> <p>5. Shaman yogas of Vatavyadhi Baladitaila, Rasnataila, Nirgundi taila, Sahachara taila, Amrutadya taila .</p> | Nov 2025 | Vd. Deepa Anserwadekar | 01 | |
| 32. | <p>Cha.Chi.29. Vatashonita Chikitsitam</p> <p>1. Nidan, Samprapti, Purvarupa, Bhedha , Lakshana, Sadhyaasadyata and Upadrava of Vatashonita.</p> <p>2. Utthan and Gambhira Vatashonita Chikitsa Sutra.</p> <p>3. Significance of Ksheerabasti prayoga in Vatarakta.</p> <p>4. Shaman yogas of Vatarakta-sukumara taila, madhuk tailam, Pinda tailam, Shtapaka and Sahasrapaka Bala tail.</p> | Nov 2025 | Vd. Neha Vithale | 01 | |
| 33. | <p>Cha.Chi.30. Yonivyapad Chikitsitam</p> <p>1. Yonivyapad types, Lakshana, Chikitsa, Shukra Dosha, Hetu, Lakshana, Chikitsa.</p> <p>2. Shuddha Shukra Lakshana, Klaibya Bheda, Lakshana, Sadhyasadyata, Chikitsa.</p> <p>3. Pradara Hetu, Samprapti, Lakshana, Chikitsa.</p> | Nov 2025 | Vd. Neha Vithale | 01 | |

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| | 4. Chikitsa Pariksha Vishayas, Anuktavyadhi Chikitsa, Aoushadhi Sevana Kala. 5. Importance of Pathya. | | | | |
| 34. | Cha. Ka.1 Madanakalpam 1. Definition of Vaman, Virechana, Mode of Action, Trividha Desha Lakshana. 2. Aushadhi Samgrah Kaala, Vidhi, Shreshthata of Madanphala among Vamaka Dravyas. 4. Madhu, Saindhava Prayoga in Vamak Yogas, Madanaphala Sangraha, Prayoga 5. Vidhi Yogas of Madanaphala, Madanaphala Ghreya Yoga. 6. Madanaphala Paryaya. | Nov 2025 | Vd. Yogesh Patil | 01 | |
| 35. | Cha.Ka.2 to 6 Ch.Ka.2. Jimutaka Kalpam , Cha.Ka.3. Ikshvaku Kalpam, Cha.Ka.4. Dhamargava Kalpam Cha, Ka.5. Vatsaka Kalpam, Cha.Ka.6. Kritavedhana Kalpam 1. Paryaya and Guna of Jivamutak , Ikshvaku, Dhamargava . Vatsaka and Kritavedhana Kalpam. 2. Yogya Roga and Rogi for Jivamutak , Ikshvaku, Dhamargava . Vatsaka and Kritavedhana Kalpam. 3. Enumerate yogas of Jimutaka , Ikshvaku, Dhamargava , Vatsaka, and Kritavedhana Kalpam. | Dec 2025 | Vd. Deepa Anserwadekar | 01 | |
| 36. | Cha.Ka.7. Shyamatrivruta Kalpam 1. Paryaya , Guna, Bheda, indications 2. Samgraha and prayoga vidhi. 3. Enumerate the Shyamatrivrita yogas 4. Kalyanaka Guda, Vyoshadi Gutika ingredients and Indications. 5. Rutuanusruta Trivrita Prayoga. | Dec 2025 | Vd. Neha Vithale | 01 | |
| 37. | Cha.Ka.8. to 11 Cha.Ka.8. Chaturangula Kalpam, Cha.Ka.9. Tilvaka Kalpam, Cha.Ka.10. Sudha Kalpam, | Dec 2025 | Vd. Neha Vithale | 01 | |

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| | Cha.Ka.11. Saptalashankhini Kalpam. 1. Paryaya, Gunas, Indications, Samgrah and Prayoga Vidhi of Chaturangula, Tilvaka, Sudha, Saptalashankhini. 2. Yogas of Chaturangula Kalpam, Tilvaka kalpam, Sudha Kalpam, Saptalashankhini Kalpam. | | | | |
| 38. | Cha.ka.12. Dantidravanti Kalpam 1. Paryaya,guna, Samgraha and Prayoga Vidhi . 2.Enumerate the Yogas of Danti Dravanti kalpam. 3.Guidelines for nomeclature of formulations. 4.Significance of Dravya Samyoga. 5. Characterstics of Mrudu, Madhyama and Teekshna Shodhan dravys . 6. Doshashesha Chikitsa. 7. Magadha Mana Paribhasha. 8. Trividha Snehapaka lakshana and their Usage | Dec 2025 | Vd. Deepa Anserwadekar | 01 | |
| | Revision | Dec 2025 | Vd. Neha Vithale | 01 | |
| | Term 2 non-lecture theory Activities Activities to be conducted in the entire term 2. | Dec 2025 Jan 2026 Feb 2026 | Vd. Deepa Anserwadekar Vd. Yogesh Patil Vd. Neha Vithale | | 33 |
| TERM III | | | | | |
| 39. | Cha. Si.1. Kalpana Siddhi 1.Guidelines for Snehana, Swedana, Benefits of Snehana Swedana, Utkleshakara Ahara Dravyas before Vaman and Virechana. 2. Sansarjana Krama Vidhi, Samyak Yoga, Ayoga, Atiyoga Lakshana of Vamana, Virechana, Asthapana Basti, Anuvasana Basti, Shirovirechana. 3. Concept of Karma, Kala, Yoga Basti, Panchakarma Parihar Kala, Vishaya. 4. Basti Apratyagaman Hetu, Chikitsa. 5. Importance of Matra in Panchakarma Chikitsa. | April 2026 | Vd. Neha Vithale | 01 | |

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| 40. | Cha.Si.2. Panchakarmiya Siddhi 1. Anupakramya for Chikitsa 2. Yogya and Ayogya Rogi for Panchakrama with their reasons. | April 2026 | Vd. Yogesh Patil | 01 | |
| 41. | Cha.Si.3. Bastisutriyam Siddhi | April 2026 | Vd. Deepa Anserwadekar | 01 | |

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| | <ol style="list-style-type: none"> 1. Factors to be considered before administration of Basti. 2. Improper administration of Basti and Chikitsa. 3. Effects of Niruha-basti on Tridosha. 4. Pathya to be followed after Basti Karma. 5. Doshanusara Basti Kalpana. | | | | |
| 42. | <p>Cha. Si.4. Snehavyapat Siddhi</p> <ol style="list-style-type: none"> 1. Snehabasti Vyapat, its hetu, Lakashana and Chikitsa. 2. Matrabasti-Indications, dose and benefits 3. Pathya to be followed after Anuvasan Basti. 4. .Pratidina Anuvasaneeya Basti yoga Purusha. 5.Matrabasti indications and its Importance. | April 2026 | Vd. Neha Vithale | 01 | |
| 43. | <p>Cha. Si. 5.Netrabastivyapat Siddhi</p> <ol style="list-style-type: none"> 1. Basti netra dosha and its harmful effects. 2. Basti putak dosha and its harmful effects. 3. Bast Praneta dosha and its complications. | April 2026 | Vd. Neha Vithale | 01 | |
| 44. | <p>Cha.Si.6. Vamana Virechana Vyapat Siddhi</p> <ol style="list-style-type: none"> 1. Indication of Shodhana in Sadharana Rutu, Pre- requisite for Samyak Yoga of Shodhana. 2. Importance of Matratvat Aoushadhi, Tarpana Prayoga in Vaman and Virechana. 3. Jeerna Aoushadhi Lakshana, Ajeerna Aushadhi Lakshana. 4. Vaman-Virechana Vyapad, Hetu, Lakshana, Chikitsa. | April 2026 | Vd. Yogesh Patil | 01 | |
| 45. | <p>Cha.Si.7. Bastivyapat Siddhi</p> <ol style="list-style-type: none"> 1. Aasthapana Basti Vyapad, its Hetu, Lakshana and Chikitsa. 2. Basti Dravyas used for Mrudu and Teekshna Basti. 3. Basti Prabhav | April 2026 | Vd. Neha Vithale | 01 | |
| 46. | <p>Cha.Si.8. Prasrita Yogiyam Siddhi</p> <ol style="list-style-type: none"> 1. Various Prasritika-basti-yoga and their indications. 2. Permutation and Combination of Atisar , its Upadrava and Chikitsa. 3. Atisara Samanya Chikitsa Siddhant and Use of Ghruta and Yavagu Kalpana. | April 2026 | Vd. Neha Vithale | 01 | |

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| 47. | Cha.Si.9. Trimarmiya Siddhi 1. Importance of Trimarma, Trividha Marma Abhighata Lakshana, Chikitsa. 2. Apatantrak, Apatanak Samprapti, Lakshana, Chikitsa. 3. Tandra Hetu, Samprapti, Chikitsa. 4. Enumeration of Basti Rogas, Uttara Basti Vidhan. 5. Enumeration of Shirorogas, Importance of Nasya Karma, Types, Indications. | April 2026 | Vd. Yogesh Patil | | |
| 48. | Cha. Si. 10. Basti Siddhi 1. Shresthata of Basti Karma. 2. Enumeration of Basti as per Doshaanusra and Vyadhianusara (Doshapratyaneeka and Vyadhi Pratyaneeka) | April 2026 | Vd. Deepa Anserwadekar | 01 | |
| 49. | Cha.Si.11. Phalamatra Siddhi 1. Understand the concept of Sadatura with its Hetu and Chikitsa. | April 2026 | Vd. Neha Vithale | 01 | |
| 50. | Cha.Si.12. Uttara Basti Siddhi 1. Rasadi Samsarjana Krama, Benefits, Prakruti Prapta Purusha Lakshana. 2. Asta Mahadoshakara Bhavas, Karan, Lakshana, Chikitsa. 3. Definition, Benefits, Indications of Yapana Basti, Enumeration of Yapana Basti Kalpana. 4. Atiyog of Yapana Basti Effects, Management. 5. Definition of Siddhisthana, Samhita Adhyayan Phala, Definition, Karya of Pratisamskarta, Significance of Charaka Samhita. Revision | April 2026 | Vd. Neha Vithale Vd. Yogesh Patil | 01 01 | |
| | Term 3 non-lecture theory Activities Activities to be conducted in the entire term 3. | May 2026 June 2026 July 2026 | Vd. Deepa Anserwadekar Vd. Neha Vithale Vd. Yogesh Patil | - | 33 |