

Anand Charitable Trust's
Anand Ayurved College,
Vaijapur, Aurangabad

ATP For Ist Year BAMS batch 2025-26

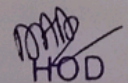
NCISM
I professional Ayurvedacharya
(BAMS)

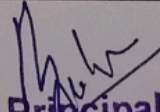
Subject Code: AyUG-PV

Padartha Vijnanam
FUNDAMENTAL PRINCIPLES OF AYURVEDA AND QUANTUM MECHANICS

Total number of Teaching hours: 230			
Lecture hours (LH) - Theory		90 Hours	90 Hours (LH)
Paper I	45 Hours		
Paper II	45 Hours		
Non-Lecture hours (NLH) – Theory		140 Hours	140 Hours (NLH)
Paper I	70 Hours		
Paper II	70 Hours		
Non-Lecture hours (NLH) - Practical		Hours	

Examination (Papers & Mark Distribution)					
Item	Theory Component Marks	Practical Component Marks			
		Practical	Viva	Elective	IA
Paper I	100	100	60	10	30
Paper II	100			(Set-FB)	
Sub-Total	200	200			
Total marks	400				


HOD
Dept. of Samhita
Anand Ayurved College
Vaijapur Dist. Aurangabad


Principal
Anand Ayurved College
Vaijapur Dist. Chh. Sambhajinagar



Term Paper I & II	Total teaching (240 hrs.)	Lecture (90 hrs.)	Non-Lectures (140 hrs.)
I	69 hrs.	27 hrs.	42 hrs
II	97 hrs.	38 hrs.	59 hrs
III	64 hrs.	25 hrs.	39 hrs

TERM I Paper -1 & 2					
Sr. No. & Paper	List of Topics of AyUG-PV	Month	Teachers Name	LH	Non - LH
1. Paper 1	Ayurveda Nirupana 1.1 Lakshana of Ayu, composition of Ayu. 1.2 Lakshana of Ayurveda, Swarooma and Prayojana of Ayurveda 1.3 Lakshana and classification of Siddhanta. 1.4 Introduction to Basic Principles of Ayurveda and their significance.	DEC 2025	Vd Yogesh Patil	05	06
2. Paper 1	Padartha and Darshana Nirupana 2.1 Padartha Lakshana, Enumeration and classification of Padartha, Bhava and Abhava Padartha, Padartha according to Acharya Charaka (Karana-Padartha). 2.2 Etymological derivation of the word "Darshana". Classification and general introduction to 9 Schools of Indian Philosophy with an emphasis on: Nyaya, Vaisheshika, Sankhya, Yoga, Meemamsa and Vedanta darshana. 2.3 Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda). 2.4 Principles and examples in contemporary sciences which will enhance understanding concept of Padartha. 2.5 Relevance of Study of Darshana and Padartha Vignana in Ayurveda	Vd. Neha Vithale DEC 2025	Vd. Neha Vithale	10	14

3. Paper 2	Pariksha 1.1. Definition, Significance, Necessity and Use of Pariksha. 1.2. Definition of Prama, Aprama, Prameya, Pramata, Pramana. 1.3. Significance and importance of Pramana, Enumeration of Pramana according to different schools of Philosophy. 1.4. Four types of methods for examination in Ayurveda (Chaturvidha - Parikshavidhi), Pramana in Ayurveda. 1.5. Sub-sudation of different Pramanas under three Pariksha. 1.6. Practical application of methods of examination (Pariksha vidhi) in Nidan and Chikitsa.	JAN 2026	Vd. Deepa Anserwadekar	06	12
4. Paper 2	2. Aptopadesha Pariksha/Pramana 2.1. Lakshana of Aptopadesha, Lakshana of Apta. 2.2. Lakshana of Shabda, and its types. 2.3. Shabdavritti-Abhidha, Lakshana, Vyanjana and Tatparyakhya, Shaktigraha hetu. 2.4. Vaakya: Characteristics, Vaakyartha jnana hetu- Aakanksha, Yogyata, Sannidhi. 2.5. Importance of Aptopadesha in maintaining Health, Prevention of Diseases, Diagnostics, Therapeutics and Research	FEB 2026	Vd Yogesh Patil	06	10

TERM II

Paper -1 & 2

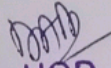
8. Paper 1	Dravya vijñaneeyam 3.1 Dravya: Lakshana, Classification and Enumeration 3.2 Panchabhuta: Various theories regarding the creation (theories of Taittiriyanopanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Sushruta), Lakshana and qualities of each Mahabhoota. 3.3 Kala: Etymological derivation, Lakshana, division / units and significance. 3.4 Dik: Lakshana, division and significance. 3.5 Atma: Lakshana, classification, seat, Gunas, Linga according to Charaka, the method / process of knowledge formation (Atmanah jnasya pravrittih).	MAR 2026	Vd. Neha Vithale	14	20
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	<p>3.6 Purusha: According to Ayurveda – Ativahikapurusha / Sukshmasharira / Rashipurusha / Chikitsapurusha / Karmapurusha / Shaddhatvatmakapurusha.</p> <p>3.7 Manas: Lakshana, Synonyms, Qualities, Objects, Functions, dual nature of mind (ubhayaatmakatvam), as a substratum of diseases, Influence of Panchabhoutika Aahara and Aushadha (penta-elemental diet) on manas.</p> <p>3.8 Role of Panchamahabhuta and Triguna in Dehaprakriti and Manasaprakriti respectively.</p> <p>3.9 Tamas as the tenth Dravya.</p> <p>3.10 Practical study/Application and Importance of each Kaarana dravya in Ayurveda.</p> <p>3.11 Principles and examples in contemporary sciences which will enhance understanding concept of Kaarana dravya.</p>				
9. Paper 1	<p>Guna Vijnaneeyam</p> <p>4.1 Etymological Derivation, Classification and Enumeration according to various Darshana and Charaka,</p> <p>4.2 Lakshana and Classification of Sartha Guna, Gurvadiguna, Paradiguna, Adhyatmaguna (41 Guna)</p> <p>4.3 Gunapradhanyata (Importance of Guna)</p> <p>4.4 Practical / clinical application of each Guna in Ayurveda</p> <p>4.5 Principles and examples in contemporary sciences which will enhance understanding concept of Guna.</p>	APRIL 2026	Vd Yogesh Patil	04	06
10. Paper 1	<p>Karma Vijnaneeyam</p> <p>5.1 – Introduction of concept of Karma According to Darshanaand Ayurveda – Classification of Karma</p> <p>5.3 - Practical application of karma</p> <p>5.4 - Principles and examples in contemporary sciences which will enhance understanding concept</p>	MAY 2026	Vd. Neha Vithale	02	04
11. Paper 2	<p>3. Pratyaksha Pariksha/Pramana</p> <p>3.1. Lakshana of Pratyaksha, types of Pratyaksha- Nirvikalpaka - Savikalpaka with description, description of Laukika and Alaukika types and their further classification.</p>	JUNE 2026	Vd. Deepa Anserwadekar	08	14

	<p>3.2. Indriya-prapyakaritvam, six types of Sannikarsha.</p> <p>3.3. Indriyanam lakshanam, classification and enumeration of Indriya. Description of Pancha panchaka, Penta-elemental nature of Indriya (Pancha bhautikatwa of Indriya) and similarity in sources (Tulyayonitva) of Indriya.</p> <p>3.4. Trayodasha Karana, dominance of Antahkarana.</p> <p>3.5. Hindrances in direct perception (pratyaksha- anupalabdhi kaarana), enhancement of direct perception (Pratyaksha) by various instruments/ equipment's, necessity of other Pramanas in addition to Pratyaksha.</p> <p>3.6. Practical study/ application of Pratyaksha in Sharir, Nidan (Diagnosis), Chikitsa (Treatment) and Anusandhan (Research).</p>				
12. Paper 2	<p>4. Anumana Pariksha/Pramana</p> <p>4.1. Lakshana of Anumana. Introduction of Anumiti, Paramarsha, Vyapti, Hetu, Sadhya, Paksha, Drishtanta. Types of Anumana mentioned by Charaka and Nyaya darshana.</p> <p>4.2. Characteristics and types of Vyapti.</p> <p>4.3. Lakshana and types of Hetu, Description of Ahetu and Hetwabhasa.</p> <p>4.4. Characteristics and significance of Tarka (logic).</p> <p>4.5. Practical study/ application of Anumana pramana in Sharir, Nidan, Chikitsa and Anusandhan.</p>	JULY 2026	Vd Yogesh Patil	10	15
<p>TERM III Paper -1 & 2</p>					
13. Paper 1	<p>Samanya vijnaneeyam</p> <p>6.1 – Introduction of concept of Saamaanya According to Darshana and Ayurveda. – Classification of Saamaanya</p> <p>6.3 - Practical application of saamaanya</p> <p>6.4 - Principle and examples in contemporary sciences which will enhance understanding the concept of Saamanya.</p>	AUG 2026	Vd. Neha Vithale	03	06
14.	<p>Vishesha vijnaneeyam</p>	SEPT 2026	Vd Yogesh Patil	03	06

Paper 1	7.1 – Introduction of concept of Vishesha according to Darshana and Ayurveda 7.2 - Classification of Vishesha 7.3 - Practical Application of vishesha 7.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Vishesha				
15. Paper 1	Samavaya Vijnaneeyam 8.1 – Introduction of concept of Samavaaya According to Darshana and Ayurveda. 8.2 – Practical application of Samavaaya 8.3 - Principles and examples in contemporary sciences which will enhance understanding the concept of Samavaya	OCT 2026	Vd. Neha Vithale	02	04
16. Paper 1	Abhava Vijnaneeyam 9.1 – Introduction of concept of Abhaava According to Darshana and Ayurveda. 9.2 – Classification of Abhaava. 9.3 – Practical application of Abhaava 9.4 - Principles and examples in contemporary sciences which will enhance understanding the concept of Abhava.	NOV 2026	Vd Yogesh Patil	02	04
17. Paper 2	5. Yuktipariksha/Pramana 5.1. Lakshana and description. 5.2. Importance in Ayurveda. 5.3. Practical study and utility in diagnostics, therapeutics and research.	DEC 2026	Vd. Neha Vithale	02	02
18. Paper 2	6. Upamana Pramana 6.1. Lakshana. 6.2. Application in Sharir, diagnostics, therapeutics and research.	JAN 2027	Vd Yogesh Patil	02	04
19. Paper 2	Karya- Karana Siddhanta 7.1. Lakshana of Karya and Kaarana. Types of Kaarana. 7.2. Significance of Karya and Kaarana in Ayurveda. 7.3. Different opinions regarding the manifestation of Karya from Kaarana: Satkaryavada, Parinamavada, Vivartavada, Asatkaryavada, Arambhavada, Paramanuvada, Kshanabhangura vada, Pilupaka, Pitharpaka, Anekantavada, Swabhavavada, Swabhavoparamavada.	FEB 2027	Vd. Deepa Anserwadekar	11	13

	Importance/ Utility of each of these in Ayurveda 7.4 Study of cause effect relationship, causality, causation in Contemporary sciences.				
20.	Revision	Feb 2027			


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