Course curriculum for Second Professional

BAMS (PRESCRIBED BY NCISM)



(Applicable from 2021-22 batch, from the academic year 2023-24 onwards for 5 years or until further notification by NCISM, whichever is earlier)

NCISM

II Professional Ayurvedacharya (BAMS)

Subject Code : AyUG-DG

Summary

	Total number of To	eaching hours: 400	
Lecture hours(LH)-Theor	у		
Paper I	75	150	150(LH)
Paper II	75		
Non Lecture hours(NLH)	-Theory		
Paper I & II	75	250	250(NLH)
Non Lecture hours(NLH)	-Practical		
Paper I & II	175		

Examination (Papers & Mark Distribution)								
Item	Theory Component Marks	Practical Component Marks						
		Practical	Viva	Elective	IA			
Paper I	100			-				
Paper II	100	100	70		30			
Sub-Total	200	200						
Total marks		400)					

Table 2 : Contents of Course

Sr. No	A2 List of Topics	B2 Term	C2 Marks	D2 Lecture hours	E2 Non- Lecture hours	Name of Faculty	Date/Month
1	1.Dravyaguna Vigyana	1	1	1	1	Dr Pawar	oct 2023
2	 2. Dravya 2.1 Panchabhoutikatwa of Dravya 2.2 Classification of Dravya based on Utpattibheda, Yonibheda, Prayogabheda, Prabhavbheda, Doshaghnabheda, Rasabheda and Karmbheda 	1	6	5	4	Dr Tupe	Oct
3	 Guna 3.1 Panchabhoutika tva, characteristics and classification 3.2 Gurvadiguna and its karma on Dosha, Dhatu and Mala, clinical application and research updates 3.3 Paradiguna with examples, clinical applications and research updates 	1	11	4	2	Dr Pawar	Nov 2023
4	 Rasa Meaning of "Rasa" in various contexts 4.1 Shadrasa in relative correlation with taste of chemical constituents 4.2 Rasotpatti and Panchabhoutika constitution of Shadrasa 4.3 Rasopalabdhi and pathway of taste perception & sites of taste receptors in the body 4.4 Rasa -Lakshana, Guna & Karmas of each Rasa on Dosha, Dhatu and Mala 4.5 Atiyogalakshana, 4.6 Clinical application and Research updates of Shadrasa 4.8 Rasa Sevanakrama of Aushadha 	1	11	7	4	Dr Pawar	Nov.

5	 5. Vipaka 5.1 Trividha Vipaka 5.2 Vipak karma on Dosha, Dhatu and Mala 5.3 Clinical application and Research updates 5.4 Vipakopalabdhi (Determination of Vipaka) & Taratamya (Degree of variation) 	1	6	3	1	Dr Pawar	Dec
6	 6. Virya 6.1 Difference between Guna and Virya 6.2 Karmas of Virya on Dosha, Dhatu and Mala 6.3 Clinical application and Research updates 6.4 Viryaopalabdhi (Determination of Virya) and understanding of Virya with respect to actions of active constituents 	1	6	2	2	Dr Pawar	Dec
7	 7. Prabhava 7.1 Samanapratyayarabdha and Vichitrapratyayarabdha 7.2 Clinical application of Prabhava and Research updates 	1	5	2	1	Dr Tupe	Nov
8	 8. Interrelation of Rasa-Guna-Virya-Vipaka- Prabhava • Interrelation of Rasa-Guna-Virya-Vipaka- Prabhava with respect to their strength- Pharmacodynamics 	1	1	1	2	Dr Pawar	Jan2024
9	 9. Karma 9. Individual Karma, correlation with contemporary pharmacological action, examples, clinical application and research updates 9.1 Deepana 9.2 Pachana 	1	11	9	5	Dr Pawar	Feb

	 9.3 Samshodhana 9.4 Samshamana 9.5 Anulomana 9.5 Anulomana 9.6 Sransana 9.7 Bhedana 9.8 Rechana 9.9 Chhedana 9.9 Chhedana 9.10 Lekhana 9.11 Grahi 9.12 Sthambhana 9.13 Madakari 9.14 Pramathi 9.15 Abhishyandi 9.16 Vyavayi 9.17 Vikashi 9.18 Rasayana 9.19 Vajeekarana 9.20 Medhya 					
10	10. Karmas of Dashemani Gana	1	5	12	3	Dr Tupe
11	 11. Principles of General Pharmacology 11 Drug definition, drug dosage forms, route of drug administration, pharmacokinetics (ADME), pharmacodynamics, Drug dose, principles of drug action, mechanism of drug action & bio- availability 11.1 Drugs Acting on Central Nervous System: Anaesthetics, Sedative Hypnotics, Antiepileptics, Antiparkinsonian, Antidepressants, Antianxiety Drugs, Opioid - Analgesics Drugs 11.2 Drugs Acting on Peripheral (somatic) Nervous System: Skeletal Muscle Relaxants, Local Anaesthetics 11.3 Autacoids and Related Drugs: Nonsteroidal, Anti-inflammatory (NSAIDs)/Antipyretic and Analgesics Drugs 11.4 Drugs for Respiratory Disorders:Bronchodilators, Aerosols/ Inhalants Expectorants, Antiansive Drugs 11.5 Cardiovascular Drugs: Antihypertensive, Antianginal Drugs 11.6 Drugs Acting on Kidney: Diuretics 11.7 Drugs Affecting Blood: Haematinics, Coagulants, Anticoagulants, Hypolipidaemic Drugs 	3	20	15	1	

12.					Name of Faculty	
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13.			Dr Pawar

14.	1		Dr Tupe	
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	15.			Dr Pawar	
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16.			Dr Pawar
• 11.8 Gastrointestinal Drugs: Antacid, Carminatives, Digestants, Antiemetics,			DR Tupe
Laxatives, Antidiarrhoeal, Hepatoprotective Drugs			
 11.9 Antibacterial Drugs: Antibiotics, Antitubercular Drugs 			
 11.10 Antifungal, Antiviral, Antimalarial and Antihelmintic Drugs 			
• 11.11 Hormones and Related Drugs: Thyroid Hormone, Thyroid Inhibitors,			
Insulin, Oral Anti- diabetic, Hormonal Contraceptives, Uterine Stimulants, Uterine			
 Relaxants Drugs 11.12 Miscellaneous Drugs: Antiseptics and Disinfectants, Vaccines, Vitamins, Water 			
imbalance and IV fluids			

12	12. Mishraka Gana	3	6	6	2	DR Pawar
	 12. Mishrakagana: its composition, guna karma and therapeutic uses. 12.1 Brihatpanchamoola. 12.2 Laghupanchamoola. 12.3 Vallipanchamoola. 12.4 Kantakapanchamoola. 12.5 Trinapanchamoola. 12.5 Trinapanchamoola. 12.6 Panchavalkala. 12.7 Triphala. 12.8 Trikatu. 12.9 Trimada. 12.10 Chaturusana. 12.12 Shadusana 12.13 Chaturbeeja. 12.14 Trijataka. 12.15 Chaturajataka. 12.16 Panchatikta. 12.17 Chaturbhadra. 12.18 Trikarshika. 					
13	13. Nomenclature of dravya as per Nighantu, Vedic taxonomy and Botany	3	1	0	2	DR Pawar
14	14. Prashasta Bheshaja, Bheshaja Pariksha and drug evaluation method with correlation as per Pharmacognosy	3	1	1	2	DR Tupe
						Dr Pawar

15	15. Dravyasangrahana and Drug collection methods as per GFCP (Good Field collection practices)	3	1	1	0	Dr Tupe
16	16. GCP (Good cultivation practices), seed bank, conservation of medicinal plants, knowledge about RET (Rear, Endangered & Threatened) medicinal plants.	3	1	1	0	Dr Pawar
7	17. Abhava Pratinidhi Dravya (substitutes)	3	1	1	1	Dr Tupe
18	18. Classifications and techniques of aqueous and alcoholic extracts	3	1	0	2	Dr Pawar
19	19. Adverse drug reaction and Pharmacovigilance with recent updates	3	1	1	2	Dr Pawar
20	20. NMPB (National Medicinal Plant Board), CCRAS (Central Council of Research in Ayurveda Sciences), API (Ayurvedic Pharmacopeia of India), GCTM (Global Centre for Traditional Medicine), PCIMH (Pharmacopeia Commission of Indian Medicine and Homeopathy)	3	1	1	0	Dr Pawar
21	21. Vrikshayurveda and Ethno-medicine	3	1	1	1	Dr Tupe
22	22. Network pharmacology and Bioinformatics	3	2	1	1	Dr Tupe
Tot	al Marks		100	75 hr	39 hr	

Sr. No	A2 List of Topics	B2 Term	C2 Marks	D2 Lecture hours	E2 Non- Lecture hours	
23	1. Bheshajavacharaniya (Criteria's to be considered for selection of drugs in vyadhis)	2	5	1	6	Dr Tupe
24	2.1 Dravya (Drug) Nama-Guna-Karma Jnana	2	55	45	10	

- Amalaki
- Aragwadha
- Arjuna
- Ashoka
- Ashwagandha
- Ativisha
- Bala
- Beejaka
- Bhallataka
- Bharangi
- Bhrungaraja
- Bhumyamalaki
- Bilva
- Brahmi
- Chandana
- Chitraka
- Dadima
- Dhataki
- Dhamasa
- Eranda
- Gokshura
- Guduchi
- Guggulu
- Haridra
- Haritaki
- Hingu
- Jambu
- Jatamansi
- Jyotishmati
- Kanchanara
- Kantakari
- Kapikachhu
- Karkatshrungi
- Katuki
- Khadira
- Kumari
- Kutaja
- Latakaranja
- Lodhra
- Agnimanth
- Ahiphena (NK)
- Ajamoda (DK)
- Apamarga (DK)
- Asthishrunkhala
- Bakuchi
- Bruhati
- Chakramarda
- Dhanyaka
- Ela
- Gambhari

	 ◆ Japa 				
	 Jatiphala 				
	 Jeeraka 				
	• (DK)				
	Kalamegha				
	 Kampillaka 				
	Kulatha				
	• (NK)				
	Kumkum				
	Lajjalu				
	Lavanga				
25		2	40	20	20
25	2.2 Dravya (Drugs) Nama -Guna-Karma-Jnana	3	40	29	20
	Madanphala Man helenen				
	Mandukapar				
	 ni Manjishta 				
	Maricha				
	Meshashrun				
	• gi Methika				
	Musta				
	Nagkeshar				
	Nimba				
	Nirgundi				
	Palasha				
	Pashanabhe				
	da Patha				
	 Pippali 				
	 Punarnava 				
	• Rasna				
	Rasona				
	 Sarapagand 				
	 ha Sairayak 				
	 Sariva 				
	 Shallaki 				
	 Shalmali(Mocharasa) 				
	 Shankhapushpi 				
	 Shatavari 				
	 Shigru 				
	 Shunthi 				
	 Talisapatra (NK) 				
	Trivrut				
	 Tulasi 				
	 Twak 				
	 ◆ Usheera 				
	 Vacha 				
	 Varuna 				
	 Vasa 				
	Vatsanab				
	ha				

 Vibhitaki Vidanga Yashtimadhu 			
Total Marks	100	75 hr	36 hr

List of Practierals and Hours)

PRACTICALS (Marks-100)								
S.No	List of Topics	Term	Hours					
1	1. Assessment and Understanding the relation between Parthivatwa & subjective/ objective parametric tests	1	10					
2	2. Assessment of objective parametric measures of Guna	1	12					
3	3. Assessment of Rasa	1	6					
4	4.Comparative organoleptic and macroscopic examination	1	23					
5	5. Microscopic Identification of genuine and adulterated drug	1	4					
6	6. Demonstration of skills to identify the medicinal plants in the college garden.	1	10					
7	7. Out campus visit (Cultivated gardens, Tissue culture lab, Herbaria, Pharmacognosy lab, Quality control lab and Forest plant demonstration)	1	10					
8	8. Dravya prayoga	1	12					
9	9. Physico-chemical study	2	8					
10	10. Phytochemical	2	4					
11	11. Thin Layer Chromatography (TLC) technique	2	2					
12	12. Demonstration of skills to identify the medicinal plants in the college garden	2	10					
13	13. Out campus visit (cultivated gardens & In-situ plant demonstration)	2	10					
14	14. Ekala dravya prayoga	2	10					
15	15. Different Cultivation technique including methods mentioned in Vrikshayurveda	2	6					
16	16. Exercise on Network pharmacology	3	6					
17	17. Preparations of digital herbarium	3	2					
18	18. Demonstration of skills to identify the medicinal plants in the college garden	3	10					
19	19. Out campus visit (cultivated gardens & In-situ plant demonstration)	3	10					
20	20. Ekala dravya prayoga	3	10					

List	of	Pra	ctical
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S. Name of practical	Term	Activity	Practical	Name of
S. Name of practical 1 1. Assessment and Understanding the relation between Parthivatwa & subjective/ objective parametric tests 8 9 9 9 <	1	Activity Assessment and Understanding the relation between Parthivatwa & subjective/ objective parametric tests Density (bulk) Specific gravity (solid) Drugs to study for e.g Asthishrnkhala, Sariva, Vidari, Maricha, Shatavari, Jambu, Godhuma & Ushira 1.2 Assessment and Understanding the relation between Jaliyatwa & subjective/ objective parametric tests Viscosity Specific gravity Moisture content Drugs to study for e.g Kumari, Vidari, Sariva, Shunthi, Ikshu, Usheera, Kamala & Apamarga 1.3 Assessment and Understanding the relation between Aagneyatwa & subjective/ objective parametric tests pH Moisture content Drugs to study for e.g.: Shunthi, Shatavari, Maricha, Dhataki, Chitraka, Gokhura, Hingu & Chandana 1.4 Assessment and Understanding the relation between Vayaviytwa & subjective/ objective parametric tests Fat content Specific gravity Density (bulk) Drugs to study for e.g.: Usheera, Ashwagandha, Nimba, Vidari,	hrs 10	Name of Faculty

		 Khadira, Tila, Jambu & Kapikacchu 1.5 Assessment and Understanding the relation between Aakashiyatwa & subjective/ objective parametric tests Density (Bulk) 	
		 Drugs to study for e.g.: Usheera, Kumari, Apamarga, Jeeraka & 	
2	2. Assessment of objective	Jatamansi	12
2	parametric measures of		12
	Guna	 2.1 Assessment of objective parametric measures Guru & Laghu Guna Density (bulk) 	
		 Specific gravity (Liquid and solid) Drugs to study for e.g. : Guru: Shatavari, Bala ; Laghu: Yava, Dhanyaka 	
		• 2.2 Assessment of objective parametric measures of Snigdha and Ruksha guna drugs	
		 Total fat content Moisture content Swelling index Drugs to study for e.g. : Snigdha: Tila, Eranda ; Ruksha: Kullatha, 	
3	3. Assessment of Rasa	Vidanga 1	6
		Assessment of Rasa based on classical symptoms for each rasa dravyas. One Example For each rasa	
4	4.Comparative organoleptic and	1	23
	macroscopic examination	 Comparative organoleptic (Taste, Color, Smell, Sound, Touch) and macroscopic examination (Size, Shape, Fracture, External markings like lenticels, ridges, nodes, furrows, cracks, etc)of the following group of drugs. a. Root: Aswagandha, Chitraka, Manjistha, Musta, Shatavari, Vatsanabha, Yashtimadhu. b. Rhizome/Stolon: 	

		 Haridra, Katuki, Shunthi, Vacha. c. Stem: Asthishrinkhala, Guduchi. d. Bark: Arjuna, Ashoka, Kutaja, Nimba, Twak. e. Heart wood: Beejaka, Chandana, Khadira. f. Leaf: Kumari, Meshashringi, Vasa. g. Flower: Dhataki, Kunkum (kesara), Lavanga. h. Fruit: Amalaki, Aragavadha, Bhallataka, Bibhitaki, Gokshura, Haritaki, Madanphala, Maricha, Pippali, Vidanga. i. Phalaraja: Kampillaka j. Seed: Bakuchi, Ela, Eranda, Jyotishmati, Kapikacchu k. Unorganized drugs: Guggulu, Hingu, Mocharasa I. Whole plant: Apamarga, 	
5	5. Microscopic	Kalmegha, Mandukaparni. • m. Galls: Karkatshrungi	4
	Identification of genuine and adulterated drug	 Microscopic identification of genuine and adulterated drug, minimum 2 samples from Root/stem/leaf /bark/fruits. (E.g. Sariva/Manjishta/Vidanga/M aricha/Ashoka) 	
6	6. Demonstration of skills to identify the medicinal plants in the college garden.	1	10
7	7. Out campus visit (Cultivated gardens, Tissue culture lab, Herbaria, Pharmacognosy	1 • General instructions regarding combined educational visit	10

lab, Quality control lab and Forest plant demonstration)

- Combined educational visit can be planned wherever feasible as, for Dravyaguna- Cultivated gardens, Tissue culture lab, Herbaria, Pharmacognosy lab, Forest plant demonstration ; for Agadatantra- forensic lab, snake park, pollution control board and snake venum unit; for Swasthvrutta -Yoga and naturopathy center, Milk dairy plant, Water Purification plant, Sewage treatment plant, Leprosy rehabilitation Centre & for Rasashastra- GMP certified Lab, Drug Analysis Lab
- SOP for Out campus Field Visits
- Theme-Based Visits: Plan visits based on specific educational themes (Deshemani Ganas, Family wise), selecting locations relevant to the theme and collaborating with local experts.
- Dress Code: Participants must wear jean paints and T shirts, closed-toe shoes, a hat or cap for sun protection, and weatherappropriate gear such as jackets or raincoats.
- Essential Materials: Each participant should carry a water bottle, a stick (optional), materials for sample storage (newspaper, blotting paper, secateurs, plastic bags), a cap, goggles, and a packed lunch or snacks in a suitable container.
- Safety Precautions: Conduct a safety briefing before the visit, outlining emergency procedures, collecting medical information, and emphasizing expected behaviors' during the trip.
- Itinerary: Develop a detailed itinerary with activities and a timeline, considering the chosen theme and objectives of the visit.
- Public Address System (PA System): If necessary, provide a portable PA system with a

8	8. Dravya prayoga	1	 microphone, amplifier, and power source for effective communication with larger groups. Test the PA System: Prior to the visit, ensure the PA system is in working order and audible, conducting necessary tests to guarantee functionality. Responsible Usage: Use the PA system judiciously, speaking clearly and at an appropriate volume, while encouraging participants to utilize the system for questions or clarifications. Follow-up Activities: Organize post-visit discussions and assignments to reinforce learning, encourage knowledge sharing, and facilitate deeper exploration of the theme. Review and Revise: Regularly update and adapt this SOP to comply with safety standards, educational objectives, and local regulations. 	
	9. Physico-chemical study	2	 8.1 (Part I) Demonstration of selecting appropriate Ekala dravya as per clinical conditions. 8.2 (Part II) Selection of Ekala dravya prayoga in various clinical conditions by providing masked case sheets per srotasa (5 cases in each term) Physicochemical study of 	8
			 Physicochemical study of medicinal plant. (minimum 2 drugs) a. Foreign matter b. Loss on drying c. Ash value d. Extracts Note: The same plant should be used for all the tests 	

10	10. Phytochemical	2		4
			 Preliminary phytochemical study of medicinal plant. (minimum 2 drugs) 	
11	11. Thin Layer	2	GI (450)	2
	Chromatography (TLC) technique		 TLC technique of medicinal plant (any one) 	
12	12. Demonstration of skills to identify the medicinal plants in the college garder		(any one)	10
13	13. Out campus visit (cultivated gardens & In- situ plant demonstration)	2		10
14	14. Ekala dravya prayoga	2		10
			 Selection of Ekala dravya prayoga in various clinical conditions by providing masked case sheets. (5 cases in each term) 	
15	15. Different Cultivation technique including methods mentioned in Vrikshayurveda	2	``````````````````````````````````````	6
16	16. Exercise on Network pharmacology	3		6
			• Exercise on Network	
			Pharmacology • 1st activity: Identification (Data	
			mining) active constituents by Pubmed, IMPPATor PubChem.	
			 2nd activity: Target identification by BindingDB. 	
			 3rd activity: Identification of disease gene by DisGeNET. 4th 	
			 activity: GO enhancement analysis by KEGG Pathway, R ratio. 	
			 5th step: Network construction by STRING, PPI network, sytoscope. 	
17	17. Preparations of digital herbarium	3		2
			• Preparations of digital herbarium of minimum 10 drugs with all parts of the plant (with geo-tag photos) by compulsory field visit	

18	18. Demonstration of skills to identify the medicinal	3		10	
19	plants in the college garden 19. Out campus visit (cultivated gardens & In-	3		10	
20	situ plant demonstration) 20. Ekala dravya prayoga	3	prayoga in various clinical conditions by providing masked	10	
l			case sheets.(5 cases in each term) Total Hr	175	