

ANAND AYURVED COLLEGE

SAMHITA SIDDHANT DEPARTMENT PADARTH VIGYAN

ATP FOR I BAMS FOR YEAR 2023-2024

SR NO.	MONTH	PAPER	NAME OF TOPIC	ALLOTTED HOURS	ALLOT ED HOURS	NAME OF TEACHER
				LH	NLH	
1	March	I	Ayurveda Nirupana 1.1 Lakshana of Ayu, composition of Ayu. 1.2 Lakshana of Ayurveda. Swaroop and Prayojana of Ayurveda 1.3 Lakshana and classification of Siddhanta. 1.4 Introduction to Basic Principles of Ayurveda and their significance.	5	6	Dr. Veena Kulkarni
2	April and May	I	Padartha and Darshana Nirupana 2.1 Padartha Lakshana, Enumeration and classification of Padartha, Bhava and Abhava Padartha, Padartha according to Acharya Charaka (Karana-Padartha). 2.2 Etymological derivation of the word "Darshana". Classification and general introduction to 9 Schools of Indian Philosophy with an emphasis on: Nyaya, Vaisheshika, Sankhya, Yoga, Meemamsa and Vedanta darshana. 2.3 Ayurveda as unique and independent school of thought (philosophical individuality of Ayurveda). 2.4 Principles and examples in contemporary sciences which will enhance understanding concept of Padartha. 2.5 Relevance of Study of Darshana and Padartha Vignana in Ayurveda	10	12	Dr. Veena Kulkarni
3	June	II	1.1. Definition, Significance, Necessity and Use of Pariksha. 1.2. Definition of Prama, Aprama, Prameya, Pramata, Pramana. 1.3. Significance and importance of Pramana, Enumeration of Pramana according to different schools of Philosophy. 1.4. Four types of methods for examination	8	8	Dr. Veena Kulkarni

			in Ayurveda (Chaturvidha-Parikshavidhi), Pramana in Ayurveda. 1.5. Subsudation of different Pramanas under three Pariksha. 1.6. Practical application of methods of examination (Parikshavidhi) in Nidan and Chikitsa			
4	July	II	Aptopdesha Pariksha/Pramana 2.1. Lakshana of Aptopadesha, Lakshana ofApta. 2.2. Lakshana of Shabda, and its types. 2.3. Shabdavritti-Abhidha, Lakshana, Vyanjana and Tatparyakhya.Shaktigrahaetu. 2.4. Vaakya: Characteristics, Vaakyarthajnanahetu- Aakanksha, Yogyata, Sannidhi. 2.5. Importance of Aptopadesha in maintaining Health, Prevention of Diseases, Diagnostics, Therapeutics and Research.	6	10	Dr. Veena Kulkarni
5	July		Revision and I Term Exam			
6	August	I	II Dravya vijñaneeyam 3.1 Dravya: Lakshana, Classification and Enumeration 3.2 Panchabhuta: Various theories regarding the creation (theories of Taittiriyanishad, Nyaya- Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Sushruta), Lakshana and qualities of each Mahabhoota. 3.3 Kala: Etymological derivation,	48 10	14 7	20 Dr. Veena Kulkarni

			<p>Lakshana , division / units and significance.</p> <p>3.4 Dik: Lakshana ,division and significance.</p> <p>3.5 Atma: Lakshana, classification, seat, Gunas, Linga according to Charaka, the method / process of knowledge formation (atmanah jnasya pravrittih).</p> <p>3.6 Purusha: According to Ayurveda - Ativahikapurusha / Sukshmasharira/ Rashipurusha/ Chikitsapurusha/ Karmapurusha/ Shaddhatvatmaka purusha.</p> <p>3.7 Manas: Lakshana, Synonyms, Qualities, Objects, Functions, dual nature of mind (ubhayaatmakatv am), as a substratum of diseases,Influenc e of Panchabhoutika aahara and aushadha (penta- elemental diet)on manas.</p> <p>3.8 Role of Panchamahabhut a and Triguna in Dehaprakriti and Manasaprakriti</p>			
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			<p>respectively.</p> <p>3.9 Tamas as the tenth Dravya.</p> <p>3.10 Practical study/Application and Importance of each Kaarana dravya in Ayurveda.</p> <p>3.11 Principles and examples in contemporary sciences which will enhance understanding concept of Kaarana Dravya</p>			
7	September	II	<p>3. Pratyaksha Pariksha/Pramana 3.1. Lakshana of Pratyaksha, types of Pratyaksha- Nirvikalpaka- Savikalpaka with description, description of Laukika and Alaukika types and their further classification.</p> <p>3.2. Indriya-prapyakaritvam, six types of Sannikarsha.</p> <p>3.3. Indriyanam lakshanam, classification and enumeration of Indriya. Description of Panchapanchaka, Penta-elemental nature of Indriya (<i>Panchabhautikatwa</i> of Indriya) and similarity in sources (<i>Tulyayonitva</i>) of Indriya.</p> <p>3.4. Trayodasha Karana, dominance of Antahkarana.</p> <p>3.5. Hindrances in direct perception (<i>pratyaksha-anupalabdihikaarana</i>), enhancement of direct perception (Pratyaksha) by various instruments/ equipments, necessity of other Pramanas in addition to Pratyaksha.</p> <p>3.6. Practical study/ application of Pratyaksha in Sharir, Nidan (Diagnosis), Chikitsa (Treatment) and Anusandhan (Research).</p>	7	7	Dr. Veena Kulkarni
8	October	I	<p>Guna vijnaneeyam</p> <p>4.1 Etymological Derivation, Classification</p>			

			and Enumeration according to various Darshana and Charaka, 4.2 Lakshana and Classification of Sartha Guna, Gurvadiguna, Paradiguna, Adhyatmaguna (41 Guna) 4.3 Gunapradhanyata (Importance of Guna) 4.4 Practical / clinical application of each Guna in Ayurveda 4.5 Principles and examples in contemporary sciences which will enhance understanding concept of Guna. Karma vijnaneeyam 5.1 – Introduction of concept of Karma According to Darshanaand Ayurveda – Classification of Karma 5.3 - Practical application of karma 5.4 - Principles and examples in contemporary sciences which will enhance understanding concept	10	6	Dr. Veena Kulkarni
9	November	II	4. Anumanapariksha/Pramana 4.1. Lakshana of Anumana. Introduction of Anumiti, Paramarsha, Vyapti, Hetu, Sadhya, Paksha, Drishtanta. Types of Anumana mentioned by Charaka and Nyayadarshana. 4.2. Characteristics and types of Vyapti. 4.3. Lakshana and types of Hetu, Description of Ahetu and Hetwabhasa. 4.4. Characteristics and significance of Tarka (logic). 4.5. Practical study/ application of Anumanapramana in Sharir, Nidan, Chikitsa and Anusandhan	6	6	Dr. Veena Kulkarni
10	December	I	Samanya vijnaneeyam 6.1 – Introduction of concept of Saamaanya According to Darshana and Ayurveda. – Classification of Saamaanya 6.3 - Practical application of saamaanya 6.4 - Principle and	27 9	3 8	Dr. Veena Kulkarni

			<p>examples in contemporary sciences which will enhance understanding the concept of Saamanya.</p> <p>7. Vishesha vijnaneeyam 7.1 – Introduction of concept of Vishesha according to Darshana and Ayurveda 7.2 - Classification of Vishesha 7.3 - Practical Application of vishesha 7.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Vishesha</p>			<p>Vishesha vijnaneeyam 7.1 – Introduction of concept of Vishesha according to Darshana and Ayurveda 7.2 - Classification of Vishesha 7.3 - Practical Application of vishesha 7.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Vishesha</p>
11	January		Revision and II Term Exam			
12	February	I	<p>Samavaya vijnaneeyam III 8.1 – Introduction of concept of Samavaaya According to Darshana and Ayurveda. 8.2 – Practical application of Samavaaya 8.3- Principles and examples in contemporary sciences which will enhance understanding the concept of Samavaya 9. Abhava vijnaneeyam 9.1 – Introduction of concept of Abhaava According to Darshana and Ayurveda. 9.2 – Classification of Abhaava. 9.3 – Practical application of Abhaava 9.4- Principles and examples in contemporary sciences which will enhance understanding the concept of Abhava.</p>	2	8	<p>4</p> <p>Dr. Veena Kulkarni</p> <p>Abhava vijnaneeyam</p>

13	March		<p>5. Yuktipariksha/ Pramana 5.1. Lakshana and description. 5.2. Importance in Ayurveda. 5.3. Practical study and utility in diagnostics, therapeutics and research.</p> <p>6. UpamanaPrama 6.1. Lakshana. 6.2. Application in Sharir, diagnostic therapeutics and research.</p>	32		2	2
					8	8	Dr. Veena Kulkarni
				III		2	4
					Karya- Karana Siddhanta 7.1. Lakshana of Karya and Kaarana		
14	April		<p>Karya- Karana Siddhanta 7.1. Lakshana of Karya and Kaarana. Types of Kaarana. 7.2. Significance of Karya and Kaarana in Ayurveda. 7.3. Different opinions regarding the manifestation of Karya from Kaarana: Satkaryavada, Parinamavada, Vivartavada, Asatkaryavada, Arambhavada, Paramanuvada, Kshanabhanguravada, Pilupaka, Pitharpaka, Anekantavada, Swabhavavada, Swabhavoparamavada. Importance/ Utility of each of these in Ayurveda 7.4 Study of cause effect relationship, causality, causation in Contemporary sciences</p>		8	8	Dr. Veena Kulkarni
15	May		Revision				
16	June		Preparatory Holydays				

