

Anand Ayurved College

**ATP - CHARAK SAMHITA
(UTTARARDHA)
BATCH - 2022-2023**

Sr. no.	Month	Topic Name	Lecture Required	Faculty
1.	FEBRUARY	CHIKITSASTHAN ADHYAY NO. 1	4 HR	Dr.Bhusari
		1.1 Bhesaja Synonyms, Types, Defn and		
		Function of Rasayana & Vajikarana		
		Properties & action of Haritaki, Amalaki		
		Brahma Rasayan, 2nd Brahma Rasayan		
		Chyawanprash, 4th Amalaka Rasayan		
		5th Formulation of Amalaki		
		1.2 Cause of morbidities & their prevention		
		by Rasayana, Amalaka Ghruta, Amalakavaleha		
		churna, Vidagavaleha, Nagabala, Bala Rasa		
		yan, Bhallatak Yog		
		1.3 Amalayas Brahma Rasayan, Lauhadi,		
		Aindra Rasayan, Medhya, Pippli, Triphala		
		Rasayan, Shilajit Rasayan		
		1.4 Other Rasayan by Indra, Aachar Rasayana,		
		Achievements of Ashwinikumar, Duties of		
		Patient & Physician, Science of Life		

	<p>CHIKITSASTHAN ADHYAY NO. 2</p> <p>2.1 Aphrodisiacs relating to formulations of sara, roots etc.,Brahmani Gutika, Vajikaran Ghruta, Pindarasa,Aphrodisiac cock meat, egg juice, Imp. Of Purification of body before Vajikarana</p> <p>2.2Fertility producing Shastikadi Gutika,juice Aphrodisiac formulation of milk, ghee, curd formulation of Shashtika rice & Pupalika</p> <p>2.3 Milk of cow fed on leaves of blackgram, sugarcane etc. Aphrodisiac formulation of</p> <p>2.4 Two types of person in relation to virility & Sex,Aphrodisiac meat-boluses, buffallow meat soup,fish meat, Pupalika, Utkarika, Age limit for Sexual intercourse, Causes of</p>	5 HR	Dr.Bhusari
	<p>diminution of Semen, Cause of loss of Sexual potency, Defn. of Vajikarana</p>		
	<p>CHIKITSASTHAN ADHYAY NO. 3</p> <p>Jwara- Synonyms, Origin, Appearance, Effects 8 Causes, Prodromal Symptoms, Location Classification, Prognosis of Fever Five Types of Vishamjwara, Pathogenesis Principal of Treatment, Dieatic</p>	5HR	Dr.Bhusari

	Management		
	Principals of Treatment, Dietitic Regimen,		
	CHIKITSASTHAN ADHYAY NO. 4 Raktapitta- Causes, Pathogenesis, Defn, Signs	2HR	Dr.Bhusa ri
	of different Types, Movement, Prognosis		
	Principals of Treatment, Dietitic Regimen,		
	Vasa Ghruta, Shatavaryadi Ghruta, Treatment		
	of Collection, Storage & Preservation of Drugs		
	B) Madanphala- Best Emetic, Method of Coll-		
	ection, Storage & Preservation of Emetic Drugs		
	KALPASTHAN ADHYAY NO. 1	2HR	Dr.Bhusa ri
	A) Significance of Kalpasthana- Emetic, Purgative or Both, Mode of Action, 600 Evacu-		
	ative Formulation, 3 Types of Habitat, Method		
	of Collection, Storage & Preservation of Drugs		
	B) Madanphala- Best Emetic, Method of Coll-		
	ection, Storage & Preservation of Emetic Drugs		
	Formulation of Madanphala & Symptoms		
	Ghruta, Hingvadi Churna & Gutika, LasunKshir		
	Shilajit, Rohinyadi Ghruta etc.		
	Vasa Ghruta, Mishrak Sneha, Danti Haritaki		
		1HR	

		KALPASTHAN ADHYAY NO. 2		
		Symptoms, Properties & Indication of Jimutak		
		Method of Administration & Formulations		
2.	MARCH	CHIKITSASTHAN ADHYAY NO. 5	4HR	Dr.Bhusa ri
		Gulma- Etiology, Pathogenesis & Sites, Causes		
		Symptoms of 5 Types, Treatment.		
		Formulations- Trysanadi Ghruta, Pipplyadi		
		Ghruta, Hingvadi Churna & Gutika, LasunKshir		
		Shilajit, Rohinyadi Ghruta etc.		
		Vasa Ghruta, Mishrak Sneha, Danti Haritaki		
		Prognosis of Gulma, Treatment of Raktagulma		
		CHIKITSASTHAN ADHYAY NO. 6	4HR	Dr.Bhusa ri
		Prameha- Etiology, Pathogenesis, Types,		
		Prodromal Symptoms, Treatment		
		Formulations- for Vatik, Paittik, Kaphaj Prameha		
		Madhvasava, Difference betn Raktameha &		
		CHIKITSASTHAN ADHYAY NO. 7	3HR	Dr.Bhusa

				ri
		Kushta- Etiology, Pathogenesis, Types,		
		Prodromal Symptoms, Sign & Symptoms of		
		Vata, Pitta, Kapha, Prognosis, Treatment		
		Formulations- Mustadi Churna, Madhvasava		
		Tiktashatpal Ghruta, Mahatikta Ghruta etc.		
		Leucoderma- Types, Prognosis, Etiology		
		CHIKITSASTHAN ADHYAY NO. 8	4HR	Dr. Bhusari
		Rajyakshma- Mythical origin, Causes, Symptom		
		Pathogenesis, Prodromal Symptoms, Treatment		
		Formulations- Sitopaladi Leha, Duralabhadi		
		Talisadi Churna, Dietic Regimen		
		SIDDHISTHAN ADHYAY NO. 1	2HR	Dr. Bhusari
		Uction- Maximum and minimum periods		
		functions, Fomentation, Dietic regimen		
		Symptoms of proper, defective, excessive emesis		
		Symptoms of proper, defective, excessive purgation, Administration of Niruha & Anuvasana		
		Function of Basti, Indication & contraindication		
		Karma, Kala, Yog Basti; period of abstinence		
		Reason of difficulty in Enemation		

		SIDDHISTHAN ADHYAY NO. 2	2HR	Dr.Bhusari
		Types of patients not be treated, patients unfit		
		for emesis with reasons, patients fit for emesis		
		patients unfit for purgation with reasons, patients fit for purgation,		
		Patients fit And unfit for non-unctuous enema-		
		tion with reasons, patient unfit for unctuous		
		enemation, patients unfit, fit for head evacuation		
3.	APRIL	CHIKITSASTHAN ADHYAY NO. 9	3HR	Dr.Bhusari
		Etiology, Pathogenesis, general characters, Defn		
		Types, Symptoms, Insanity caused by Spirits,		
		Treatment, Formulations- Kalyanaka Ghrita,		
		Mahakalyanaka Ghrita, Mahapaisachika Ghrita		
		etc., Psychotherapy Treatment, Prevention of		
		Insanity, Signs of Recovery		
		CHIKITSASTHAN ADHYAY NO. 10	2HR	Dr.Bhusari
		Apsmara - Defn., Etiology of Pathogenesis, Four		
		Types & Symptoms, Principals of Treatment,		
		Panchyagavya Ghrita, Mahapanchyagavya		
		Ghrita, Atattvabhinivesh - Etiology,		

	Pathogenesis,		
	Characters, Treatment of Mahagada, Cautions		
	about protection of the epileptics & insanes		
	CHIKITSASTHAN ADHYAY NO. 11	2HR	Dr.Bhusa ri
	Etiology, Pathogenesis, Prodromal Symptoms,		
	Symptoms, Prognosis, Treatment, Formulations-		
	Eladi Gutika, Amrutprash Ghruta, Five formula-		
	tions of Sarpi Guda, Shadava, Use of Nagbala		
	CHIKITSASTHAN ADHYAY NO. 12	2HR	Dr.Bhusa ri
	Swelling- Etiology, Pathogenesis, Prodromal sign		
	Treatment, Contra-indication Formulations-		
	Gadiradyarishta,Punarnavarista, Triphaladyari		
	shta, Kshrgutika, Kansaharitaki, Chitrak Ghruta		
	Use of Shilajit, Dietitic Regimen,Shaluk,Bidalak		
	Arbuda, Alaji, Slipada, Jalakgardabha etc.		
	CHIKITSASTHAN ADHYAY NO. 13	3HR	Dr.Bhusa ri
	Udara- Etiology, Pathogenesis, Prodromal sympt-		
	oms, Types- Causes & Symptoms, Prognosis,		
	Treatment, Dietitic Regimen, Formulations-		
	Patoladya Churna,Narayana Churna,Snuhi-Kshar		

		Ghruta, Surgical Operation Indication KALPASTHAN ADHYAY NO. 3	2HR	Dr.Bhusari		
		Ishwaku - Symptoms & Indication, Formulation KALPASTHAN ADHYAY NO. 4				
		Dhamargava -Symptoms, Indication, Formulation				
		CHIKITSASTHAN ADHYAY NO. 14				
4.	MAY	Piles - Types, Site, Forms, Colour, Shapes, Charac- ters of Congenital Piles, Causes & symptoms of vatika etc., Prodromal symptoms, Prognosis Demerits of Surgical Treatment, Dry & Bleeding Piles, Treatment- Takrarishta, Abhayarishta etc. Dantyarishta, Sharkararishta, piccha basti etc.	1HR	Dr.Bhusari		
		CHIKITSASTHAN ADHYAY NO. 15				
		Importance of Agni, Digestion, Bhutagni, Dhatv- agni, Formulatiopn of Dhatu, Updhatu, Mala				
		Grahani - Symptoms, Prodromal Symptoms, functions, Treatment, Formulation - Dashmuladya Ghruta, Trushnadya Ghruta, Takrarishta etc. Importance of buttermilk, Madhvarishta, Kshar- gutika, Tishnagni & treatment, Samshana,				
				Vishamashana & Adhyashana SIDDHISTHAN ADHYAY NO. 3	2HR	Dr.Bhusari
				Factor for successful Enemation,		

		Nozzle- Basic		
		materials,size, Shape, Enema Pouch,		
		Method of Enemation, Post Enematic Manage-		
		ment, Quantity of Drug in non unctuous enema		
		Formulations for Non-Unctuous Enema		
		SIDDHISTHAN ADHYAY NO. 5	1HR	Dr.Bhusa ri
		8 defects of Nozzle, 8 Defects in Enema Pouch,		
		8 Defects in Operator & Management	1HR	Dr.Bhusa ri
		KALPASTHAN ADHYAY NO. 5		
		Vatsaka- Symptoms,Characters of Male &Female		
		types,Indications, Formulations etc.		
		KALPASTHAN ADHYAY NO. 6	1HR	Dr.Bhusa ri
		Krutvedhana- Symptoms, Properties, Indication		
		Formulations etc.		
5.	JUNE	CHIKITSASTHAN ADHYAY NO. 16	4HR	Dr.Bhusa ri
		Panduroga- Types, Etiology, Prognosis, Character		
		Prodromal Symptoms, Treatment		
		Management of Vatika etc., Raktatisar and its		
		Formulations- Dadimadya Ghruta, Dantighruta,		
		Mandur Vataka, Gauda Arishta, Dhattririshta etc		
		Management of Kamala, Halimaka & treatment		
		CHIKITSASTHAN ADHYAY NO. 17	5HR	Dr.Bhusa ri
		Hikka-Shwasa - Importance, Etiology, Pathogen-		
		esis,Prodromal Symptoms,Five Types, Prognosis		
		Treatment Formulations- Shatyadi Churna, Mukt-		
		yadya Churna, Manshiladi Ghruta etc.		

	SIDDHISTHAN ADHYAY NO. 6	6HR	
	Method of Emesis & Purgation		
	Ten untoward Effects & their Management -		
	Adhmana, Parikarta, Strava, Hrudyagraha, Gatra-		
	graha, Jivadan, Stambha, Klama etc.		
	CHIKITSASTHAN ADHYAY NO. 18	1HR	
	Etiology & Character of Vatika Etc. Jarakasa,		
	Prognosis, Treatment, Formulations- Kankari		
	Ghruta, Pippalyadya Ghruta, Rasna Ghruta,		
	Chitrakadi Leha, Dashmuladi Ghruta, Harityak-		
	adi Leha, Padmakadi Leha etc.		
	CHIKITSASTHAN ADHYAY NO. 19	2HR	
	Atisar- Mythical origin, Types, Treatment		
	Salparnyadi Gana, Management of prolapse of		
	rectum, Changeri Ghruta, Chavyadi Ghruta		
	Management of Vatika etc., Raktatar and its		
	Management.		
	CHIKITSASTHAN ADHYAY NO. 20	3HR	
	Chardi- Types, Prodromal Symptoms, Etiology &		
	Symptoms of all types of Chardi		
	Prognosis, Treatment, Formulations.		
	KALPASTHAN ADHYAY NO. 7	1HR	Dr.Bhusari
	Trivrutta- Synonyms, Properties, Two types of		
	root & its indication, Method of collection		
	Formulations, Kalyanaka Guda		

		SIDDHISTHAN ADHYAY NO. 7	2HR	
		Complication of improper eneration & their management - Ayoga, Atiyoga, Klam Adhmana,		
		Hrutprapti, Urdhvata, Pravahika, Shiroangarti,		
		Parikartika, Paristrava etc		Dr.Bhusari
6.	JULY	CHIKITSASTHAN ADHYAY NO. 21	2HR	
		Visarpa- Defn, Types, Pathogenic factors, Etiology, Pathogenesis, 3 Types according to situation		
		Etiology & Symptoms of all Types, Prognosis,		
		Treatment, Formulations, Dietitic regimen		
		Management of Agni, Kardam, Granthi Types		
		CHIKITSASTHAN ADHYAY NO. 23	3HR	
		Visha- Mythical origin, Animal, Vegetable, Gara		
		Visha, Symptoms of Animal & Vegetable Visha.		
		Impulses of Poisoning in Men, Quadripeds, Bird		
		Properties & action of Poison, Dusivisha, 24		
		Remedial measures, Mrutsanjivani Agada,		
		Gandhahasti Agada, Kharagada, test of Poisoned food & Symptoms		
		Snakes- Types, Symptoms of their bites, Gaudheyaka, Luta Visha, Akhu Visha, Poisoning by LIZARD		
		KALPASTHAN ADHYAY NO. 8	1HR	

		Chaturangula- Synonyms, Indication, Method of collection & Storage, Formulations		
		SIDDHISTHAN ADHYAY NO. 8	2HR	
		Formulation for various disorders,		
		Diarrhoea- 36 Types,Complication & Management		
		Useful formulation & Gruels		
		SIDDHISTHAN ADHYAY NO. 9	3HR	
		3 Marma- Importance, Situations, Disorders		
		Apatantraka & its Treatment, Tandra & its Treatment, 13 disorders of urinary bladder and treatment, Method of Uttarbasti , Head disorders		
		Nastakarma- Types, Method of nasal Therapy		
		SIDDHISTHAN ADHYAY NO. 11	1HR	
		Discussion in Assembly of Sages, Mechanism of action of Enema, Enema in Veterinary medicine		
		Ever ill persons & their management		
7.	AUGUST	CHIKITSASTHAN ADHYAY NO. 22	2HR	
		Trushna- Etiology,Pathogenesis, Prodromal Symptoms, Character of 5 types, Management		
		CHIKITSASTHAN ADHYAY NO. 24	3HR	
		Madatyay- Importance of Sura, Method of Drinking, 10 Properties of Wine, Ojas, Hrudyam		
		Mada- Defn, 3 Stages, Merits &Demerits of wine		

	Correct planning of 8 triads, 3 Types of drinking		
	Symptoms of different types of madatyaya		
	Wine vis-à-vis Poison, Character of Alholism		
	Dhwasanka and Vikshaya		
	CHIKITSASTHAN ADHYAY NO. 25	2HR	
	Innate & Exogenous Wounds, Management		
	20 Types of wound, Threefold Examn., 12 Types		
	of Defective wounds, 8 Location, 8 Odours, 14		
	Types of Discharges, 16 Complication, 24 Defects		
	6 Types of Surgical Operation & Indication,		
	Probing, Indication & Contra0-indication Wound		
	Cleaning & Healing Formulations		
	CHIKITSASTHAN ADHYAY NO. 26	2HR	
	3 Marma, Etiology & Management of Udavarta		
	Etiology & Symptoms of Mutrakruccha, Manage-		
	ment of dysuria, Calculi, Etiology & Management		
	of Hrudroga, Etiology & Symptoms of Pratikshyay		
	Symptoms of Head, Eye, Ear, Mouth Diseases.		
	Treatment of pinasa, head & Nose Diseases		
	Mayura Ghruta, Mahamayura Ghruta, Kalaka -		
	Pitak Churna, Shakhavati varti,		

		Swarbheda treatment, Location & Function of Tridosha		
		KALPASTHAN ADHYAY NO. 9	1hr	
		Tilvaka- Synonyms, Formulation		
		KALPASTHAN ADHYAY NO. 10	1hr	
		Snuhi- Drastic Purgative, Indication, Contra- Indication, Types, Synonyms, Collection, Formulation		
8.	SEPTEMBER	KALPASTHAN ADHYAY NO. 11	1hr	
		Saptala-Shankhini- Synonyms, Indication, Collection, Storage, Formulation		
		KALPASTHAN ADHYAY NO. 12	1hr	
		Danti- Dravanti- Synonyms, Collection, Storage, Properties, Formulation.		
		Other Remarks- Units of weight, 3 Types of Sneha		
		paka, Guidelines for preparation of Formulation		
		SIDDHISTHAN ADHYAY NO. 10	2hr	
		Three Types of Basti, Vehicles for Basti		
		Decoctions & Additional drug for Basti		
		Some Important Formulations of Basti		
		CHIKITSASTHAN ADHYAY NO. 27	2hr	
		Urustambha- Etiology, Pathogenesis, Characters		
		Prodromal Symptoms, Symptoms, Prognosis		
		Internal Treatment & Astakatvara Taila		
		External Treatment & Principal of Treatment		
		CHIKITSASTHAN ADHYAY NO. 28	3hr	
		Vayu- Importance, Types, Location, Functions		
		Vatika Disorders- Ardita,		

		Manyastambha, Grud- hasi, Khalli etc.		
		Types of Avaran, Prognosis of Vatavyadhi		
		Treatment of Disorders, Sneha, Sweda, Amruta-		
		dya taila, Rasnataila, Mulakyadya Taila,		
		Treatment according to Locations, Symptoms &		
		Treatment of mutual covering of Vata CHIKITSASTHAN ADHYAY NO. 29	2hr	
		Vatarakta- Etiology, Pathogenesis, Sites, Prodro-		
		mal Symptoms, Prognosis, Treatment		
		Formulations- Parushaka Ghruta, Jivaniya Ghruta,		
		Amrutadya Taila, Mahapadmak Taila, Shatpaka		
		Pinda Taila, Sahatrapaki Bala Taila etc.		
9.	OCTOBER	CHIKITSASTHAN ADHYAY NO. 30	3hr	
		Yonivyapat -Types, Etiology, Symptoms Acc. Dosha		
		Defects of Semen- Etiology, 8 Types, 4 Types of		
		Klaibya, Treatment of Klaibya		
		Pradara- Etiology, Symptoms, Prognosis, Normal		
		Menses.		
		Defects of Breast Milk- Treatment		
		Portions reconstructed by Drudabala, Route &		
		Time Administration of Drugs, Importance of		
		Proper Dosage, Satmya, Wholesome Diet.		
		SIDDHISTHAN ADHYAY NO. 12	2HR	Dr. Bhusa ri
		Care after Enemation, Diet &		

	Prohibitions		
	Complication due to 8 Prohibition c ⁻ treatment		
	12 Yapana Bastis & Formulations		
	Information about Dhrudhbala, Tantrayukti &		
	its Types.		

LECTURER - 80
READER - 40
TOTAL - 120