

## ANAND AYURVED COLLEGE VAIJAPUR, SWASTHAVRITTA & YOGA ATP

No.	Date	Days	Faculty	Name of topics
1	1-Aug-20	Saturday		Bakari Eid
2	2-Aug-20	Sunday		
3	3-Aug-20	Monday	Dr indurkar	Introduction
4	4-Aug-20	Tuesday	Dr indurkar	Dincharya
5	5-Aug-20	Wednesday	Dr indurkar	Dincharya
6	6-Aug-20	Thursday	Dr indurkar	Dincharya
7	7-Aug-20	Friday	Dr Barathe	Nidra
8	8-Aug-20	Saturday	Dr indurkar	Ritucharya
9	9-Aug-20	Sunday		
10	10-Aug-20	Monday	Dr indurkar	Ritucharya
11	11-Aug-20	Tuesday	Dr indurkar	Sadvritta
12	12-Aug-20	Wednesday	Dr indurkar	Dharaniya and Adharaniya vega
13	13-Aug-20	Thursday	Dr Barathe	Ashta nindita purusha
14	14-Aug-20	Friday	Dr Barathe	Sharir shodhan
15	15-Aug-20	Saturday		Independence day
16	16-Aug-20	Sunday		
17	17-Aug-20	Monday	Dr indurkar	Bramacharya and vajikaran
18	18-Aug-20	Tuesday	Dr indurkar	Rasayan vajikaran
19	19-Aug-20	Wednesday	Dr indurkar	Ahar
20	20-Aug-20	Thursday	Dr indurkar	Ahar
21	21-Aug-20	Friday	Dr Barathe	Sharir shodhan
22	22-Aug-20	Saturday		Ganesh Chaturti
23	23-Aug-20	Sunday		
24	24-Aug-20	Monday	Dr indurkar	Ahar poshan
25	25-Aug-20	Tuesday	Dr indurkar	Ahar poshan
26	26-Aug-20	Wednesday	Dr indurkar	Ahar poshan
27	27-Aug-20	Thursday	Dr indurkar	Ahar ghatak
28	28-Aug-20	Friday	Dr Barathe	Masahar
29	29-Aug-20	Saturday	Dr Barathe	Masahar
30	30-Aug-20	Sunday		
31	31-Aug-20	Monday	Dr indurkar	Bhojan pachan vidhi
32	1-Sep-20	Tuesday	Dr indurkar	Bhojan pachan vidhi
33	2-Sep-20	Wednesday	Dr indurkar	Poshnache samajik parinam
34	3-Sep-20	Thursday	Dr indurkar	Poshnache samajik parinam
35	4-Sep-20	Friday	Dr Barathe	menstrial hygiene
36	5-Sep-20	Saturday	Dr Barathe	Class Test

37	6-Sep-20	Sunday		
38	7-Sep-20	Monday	Dr indurkar	Yoga introduction
39	8-Sep-20	Tuesday	Dr indurkar	Yoga introduction
40	9-Sep-20	Wednesday	Dr indurkar	Ayurvedyoga sambandh
41	10-Sep-20	Thursday	Dr indurkar	Yoga siddhikar bhav
42	11-Sep-20	Friday	Dr Barathe	Panchakosh siddhant
43	12-Sep-20	Saturday	Dr Barathe	Panchakosh siddhant
44	13-Sep-20	Sunday		
45	14-Sep-20	Monday	Dr indurkar	Ashtang yoga introduction
46	15-Sep-20	Tuesday	Dr indurkar	Yam,Niyam
47	16-Sep-20	Wednesday	Dr indurkar	Asan
48	17-Sep-20	Thursday	Dr indurkar	Asan
49	18-Sep-20	Friday	Dr Barathe	Pranayam
50	19-Sep-20	Saturday	Dr Barathe	Pranayam
51	20-Sep-20	Sunday		
52	21-Sep-20	Monday	Dr indurkar	Yogik siddhikriya
53	22-Sep-20	Tuesday	Dr indurkar	Yogik siddhikriya
54	23-Sep-20	Wednesday	Dr indurkar	Yogik siddhikriya
55	24-Sep-20	Thursday	Dr indurkar	Bandha and mudra
56	25-Sep-20	Friday	Dr Barathe	pratyahar
57	26-Sep-20	Saturday	Dr Barathe	Dharna,dhnyan,samadhi
58	27-Sep-20	Sunday		
59	28-Sep-20	Monday	Dr indurkar	Nidi and shadchakra
60	29-Sep-20	Tuesday	Dr indurkar	Nidi and shadchakra
61	29-Sep-20	Tuesday	Dr indurkar	Yogik kriyacha sharirik n mansik bhav
62	30-Sep-20	Wednesday	Dr indurkar	Nisargopchar
63	1-Oct-20	Thursday	Dr Barathe	Jala chikitsa
64	2-Oct-20	Friday		Mahatma Gandhi Jayanti
65	3-Oct-20	Saturday	Dr Barathe	Class Test
66	4-Oct-20	Sunday		
67	5-Oct-20	Monday	Dr indurkar	Pruthavitatva chikitsa
68	6-Oct-20	Tuesday	Dr indurkar	Agnitatva chikitsa
69	7-Oct-20	Wednesday	Dr indurkar	Vayu chikitsa
70	8-Oct-20	Thursday	Dr indurkar	Vayu chikitsa
71	9-Oct-20	Friday	Dr Barathe	Akashtatva chikitsa
72	10-Oct-20	Saturday	Dr Barathe	naisargik ahar
73	10-Oct-20	Saturday		Visrama chikitsa upyoga
74	11-Oct-20	Sunday		
75	12-Oct-20	Monday	Dr indurkar	Vayu
76	13-Oct-20	Tuesday	Dr indurkar	Vayu
77	14-Oct-20	Wednesday	Dr indurkar	Vayu
78	15-Oct-20	Thursday	Dr indurkar	Jala
79	16-Oct-20	Friday	Dr Barathe	Bhumi and nivas
80	17-Oct-20	Saturday	Dr Barathe	Bhumi and nivas

81	18-Oct-20	Sunday		
82	19-Oct-20	Monday	Dr indurkar	Jala
83	20-Oct-20	Tuesday	Dr indurkar	Jala
84	21-Oct-20	Wednesday	Dr indurkar	Prakash
85	22-Oct-20	Thursday	Dr indurkar	Prakash
86	23-Oct-20	Friday	Dr Barathe	Dhawni pradooshan
87	23-Oct-20	Friday	Dr Barathe	Vikirana
88	24-Oct-20	Saturday	Dr. Barathe	Apadravya nirmulana
89	24-Oct-20	Saturday	Dr. Barathe	Apadravya nirmulana
90	25-Oct-20	Sunday		
91	26-Oct-20	Monday	Dr. indurkar	Malanishkasan vyavstha
92	27-Oct-20	Tuesday	Dr. indurkar	Malanishkasan vyavstha
93	28-Oct-20	Wednesday	Dr. indurkar	Malanishkasan vyavstha
94	29-Oct-20	Thursday	Dr. indurkar	Malanishkasan vyavstha
95	30-Oct-20	Friday	Dr. Barathe	Shav vinash
96	31-Oct-20	Saturday	Dr. Barathe	Apatti vyasthapan
97	31-Oct-20	Saturday	Dr. Barathe	Apatti vyasthapan
98	1-Nov-20	Sunday		
99	2-Nov-20	Monday	Dr. Indurkar	Audyogik sansthan and arogya
100	3-Nov-20	Tuesday	Dr. indurkar	Audyogik sansthan and arogya
101	4-Nov-20	Wednesday	Dr. Indurkar	Audyogik sansthan and arogya
102	5-Nov-20	Thursday	Dr. indurkar	Swasthanashak vyavastha
103	6-Nov-20	Friday	Dr. Barathe	Shaley arogya
104	6-Nov-20	Friday	Dr. Barathe	Shaley arogya
105	7-Nov-20	Saturday	Dr. Barathe	Class Test
106	8-Nov-20	Sunday		
107	9-Nov-20	Monday	Dr. indurkar	Vyadihamatva
108	10-Nov-20	Tuesday	Dr. indurkar	Sankramak and asankramak vyadhi
109	11-Nov-20	Wednesday	Dr. indurkar	Sankramak and asankramak vyadhi
110	11-Nov-20	Wednesday	Dr. indurkar	Sankramak and asankramak vyadhi
111	12-Nov-20	Thursday		Diwali
112	13-Nov-20	Friday		Diwali
113	14-Nov-20	Saturday		Diwali
114	15-Nov-20	Sunday		
115	16-Nov-20	Monday		Diwali
116	17-Nov-20	Tuesday		Diwali
117	18-Nov-20	Wednesday		MUHS summer exam 2020
118	19-Nov-20	Thursday		MUHS summer exam 2020
119	20-Nov-20	Friday		MUHS summer exam 2020
120	21-Nov-20	Saturday		MUHS summer exam 2020
121	22-Nov-20	Sunday		
122	23-Nov-20	Monday		MUHS summer exam 2020
123	24-Nov-20	Tuesday		MUHS summer exam 2020
124	25-Nov-20	Wednesday		MUHS summer exam 2020

125	26-Nov-20	Thursday		MUHS summer exam 2020
126	27-Nov-20	Friday		MUHS summer exam 2020
127	28-Nov-20	Saturday		MUHS summer exam 2020
128	29-Nov-20	Sunday		
129	30-Nov-20	Monday		Gurunanak Jayanti
130	1-Dec-20	Tuesday		MUHS summer exam 2020
131	2-Dec-20	Wednesday		MUHS summer exam 2020
132	3-Dec-20	Thursday		MUHS summer exam 2020
133	4-Dec-20	Friday		MUHS summer exam 2020
134	5-Dec-20	Saturday		MUHS summer exam 2020
135	6-Dec-20	Sunday		
136	7-Dec-20	Monday		MUHS summer exam 2020
137	8-Dec-20	Tuesday		MUHS summer exam 2020
138	9-Dec-20	Wednesday		MUHS summer exam 2020
139	10-Dec-20	Thursday		MUHS summer exam 2020
140	11-Dec-20	Friday		MUHS summer exam 2020
141	12-Dec-20	Saturday		MUHS summer exam 2020
142	13-Dec-20	Sunday		
143	14-Dec-20	Monday		MUHS summer exam 2020
144	15-Dec-20	Tuesday		MUHS summer exam 2020
145	16-Dec-20	Wednesday		MUHS summer exam 2020
146	17-Dec-20	Thursday		MUHS summer exam 2020
147	18-Dec-20	Friday		MUHS summer exam 2020
148	19-Dec-20	Saturday		MUHS summer exam 2020
149	20-Dec-20	Sunday		
150	21-Dec-20	Monday		MUHS summer exam 2020
151	22-Dec-20	Tuesday		MUHS summer exam 2020
152	23-Dec-20	Wednesday		MUHS summer exam 2020
153	24-Dec-20	Thursday		MUHS summer exam 2020
154	25-Dec-20	Friday		Christmas
155	26-Dec-20	Saturday		MUHS summer exam 2020
156	27-Dec-20	Sunday		
157	28-Dec-20	Monday		MUHS summer exam 2020
158	29-Dec-20	Tuesday		MUHS summer exam 2020
159	30-Dec-20	Wednesday		MUHS summer exam 2020
160	31-Dec-20	Thursday		MUHS summer exam 2020
161	1-Jan-21	Friday		MUHS summer exam 2020
162	2-Jan-21	Saturday		MUHS summer exam 2020
163	3-Jan-21	Sunday		
164	4-Jan-21	Monday		MUHS summer exam 2020
165	5-Jan-21	Tuesday		MUHS summer exam 2020
166	6-Jan-21	Wednesday		MUHS summer exam 2020
167	7-Jan-21	Thursday		MUHS summer exam 2020
168	8-Jan-21	Friday	Dr Barathe	Asankramak vyadhi

169	8-Jan-21	Friday	Dr.Barathe	Asankramak vyadhi
170	9-Jan-21	Saturday	Dr. Barathe	Asankramak vyadhi
171	10-Jan-21	Sunday		
172	11-Jan-21	Monday	Dr. indurkar	Sankramak vyadhi
173	12-Jan-21	Tuesday	Dr. Indurkar	Sankramak vyadhi
174	13-Jan-21	Wednesday	Dr. indurkar	Sankramak vyadhi
175	14-Jan-21	Thursday	Dr. indurkar	Sankramak vyadhi
176	15-Jan-21	Friday	Dr. Barathe	Asankramak vyadhi
177	16-Jan-21	Saturday	Dr. Barathe	Asankramak vyadhi
178	17-Jan-21	Sunday		
179	18-Jan-21	Monday	Dr. indurkar	Sankramak vyadhi
180	19-Jan-21	Tuesday	Dr. indurkar	Sankramak vyadhi
181	20-Jan-21	Wednesday	Dr. indurkar	Sankramak vyadhi
182	20-Jan-21	Wednesday	Dr. indurkar	Sankramk vyadhi
183	21-Jan-21	Thursday	Dr. indurkar	Sankramak vyadhi
184	21-Jan-21	Thursday	Dr. indurkar	Sankramak vyadhi
185	22-Jan-21	Friday	Dr. Barathe	Asankramak vyadhi
186	23-Jan-21	Saturday	Dr. Barathe	Sankramak vyadhi Asankramak vyadhi
187	24-Jan-21	Sunday		
188	25-Jan-21	Monday	Dr.Indurkar	Sankramak vyadhi
189	26-Jan-21	Tuesday		Republic day
190	27-Jan-21	Wednesday	Dr. indurkar	Sankramak vyadhi
191	28-Jan-21	Thursday	Dr. indurkar	Sankramak vyadhi
192	28-Jan-21	Thursday	Dr. Indurkar	Sankramak vyadhi
193	29-Jan-21	Friday	Dr. Barathe	Laingik vikar
194	30-Jan-21	Saturday	Dr Barathe	Laingik vikar
195	31-Jan-21	Sunday		
196	1-Feb-21	Monday	Dr. indurkar	Chikitsalay
197	2-Feb-21	Tuesday	Dr. indurkar	Chikitsalay
198	3-Feb-21	Wednesday	Dr. indurkar	Prathamik swasth rakshan
199	4-Feb-21	Thursday	Dr indurkar	Prathamik swasth rakshan
200	5-Feb-21	Friday	Dr. Barathe	Laingik vikar
201	5-Feb-21	Friday	Dr. Barathe	Laingik vikar
202	6-Feb-21	Saturday	Dr. Barathe	Class Test
203	7-Feb-21	Sunday		
204	8-Feb-21	Monday	Dr.Indurkar	Prathamik swasth rakshan
205	8-Feb-21	Monday	Dr. indurkar	Prathamik swasth rakshan
206	9-Feb-21	Tuesday	Dr. indurkar	Prathamik swasth rakshan
207	10-Feb-21	Wednesday	Dr. indurkar	Matru shishu kalyan
208	11-Feb-21	Thursday	Dr. indurkar	Matru shishu kalyan
209	12-Feb-21	Friday	Dr.Barathe	Parivar kalyan Yojana
210	12-Feb-21	Friday	Dr. Barathe	Parivar kalyan Yojana
211	13-Feb-21	Saturday	Dr. Barathe	Parivar kalyan Yojana
212	14-Feb-21	Sunday		

213	15-Feb-21	Monday	Dr.Indurkar	Sankramak vyadhi
214	16-Feb-21	Tuesday	Dr.Indurkar	Matru shishu kalyan
215	17-Feb-21	Wednesday	Dr. indurkar	Matru shishu kalyan
216	18-Feb-21	Thursday	Dr. indurkar	Matru shishu kalyan
217	19-Feb-21	Friday	Dr. Barathe	Parivar kalyan Yojana
218	20-Feb-21	Saturday	Dr. Barathe	Parivar kalyan Yojana
219	20-Feb-21	Saturday	Dr. Barathe	Parivar kalyan Yojana
220	21-Feb-21	Sunday		
221	22-Feb-21	Monday	Dr. indurkar	Preventive geriatrics
222	22-Feb-21	Monday	Dr. indurkar	Jagtik arogya sanghatana
223	23-Feb-21	Tuesday	Dr. Indurkar	Jagtik arogya sanghatana
224	24-Feb-21	Wednesday	Dr. indurkar	Jagtik arogya sanghatana
225	25-Feb-21	Thursday	Dr. indurkar	Jagtik arogya sanghatana
226	26-Feb-21	Friday	Dr Barathe	Parivar kalyan Yojana
227	27-Feb-21	Saturday	Dr Barathe	Class Test
228	28-Feb-21	Sunday		
229	1-Mar-21	Monday	Dr. indurkar	Rashtiya swasth niti
230	1-Mar-21	Monday	Dr. indurkar	Rashtiya swasth niti
231	2-Mar-21	Tuesday	Dr. indurkar	Arogya samkhyaki
232	2-Mar-21	Tuesday	Dr. indurkar	Arogya samkhyaki
233	3-Mar-21	Wednesday	Dr. indurkar	Arogya samkhyaki
234	4-Mar-21	Thursday	Dr Indurkar	Arogya samkhyaki
235	5-Mar-21	Friday	Dr. Barathe	Parivar kalyan Yojana
236	5-Mar-21	Friday	Dr. Barathe	Parivar kalyan Yojana
237	6-Mar-21	Saturday	Dr. Barathe	Class Test
238	7-Mar-21	Sunday		
239	8-Mar-21	Monday	Dr. indurkar	Arogya samkhyaki
240	8-Mar-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
241	9-Mar-21	Tuesday	Dr. indurkar	Rashtriya arogya karyakram
242	10-Mar-21	Wednesday	Dr. Indurkar	Rashtriya arogya karyakram
243	11-Mar-21	Thursday	Dr indurkar	Rashtriya arogya karyakram
244	12-Mar-21	Friday	Dr. Barathe	Parivar kalyan Yojana
245	13-Mar-21	Saturday	Dr. Barathe	Class Test
246	14-Mar-21	Sunday		
247	15-Mar-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
248	15-Mar-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
249	16-Mar-21	Tuesday	Dr. indurkar	Rashtriya arogya karyakram
250	16-Mar-21	Tuesday	Dr. indurkar	Rashtriya arogya karyakram
251	17-Mar-21	Wednesday	Dr. indurkar	Rashtriya arogya karyakram
252	18-Mar-21	Thursday	Dr Indurkar	Rashtriya arogya karyakram
253	18-Mar-21	Thursday	Dr. indurkar	Rashtriya arogya karyakram
254	19-Mar-21	Friday	Dr. indurkar	Rashtriya arogya karyakram
255	20-Mar-21	Saturday	Dr. indurkar	Class Test
256	21-Mar-21	Sunday		

257	22-Mar-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
258	22-Mar-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
259	23-Mar-21	Tuesday	Dr indurkar	Rashtriya arogya karyakram
260	24-Mar-21	Wednesday	Dr.Indurkar	Rashtriya arogya karyakram
261	25-Mar-21	Thursday	Dr. indurkar	Rashtriya arogya karyakram
262	26-Mar-21	Friday	Dr. Barathe	Alma Ata declaration
263	27-Mar-21	Saturday	Dr.BaratheClass	Class Test
264	28-Mar-21	Sunday		
266	29-Mar-21	Monday	Dr.Indurkar	Rashtriya arogya karyakram
267	30-Mar-21	Tuesday	Dr indurkar	Rashtriya arogya karyakram
268	31-Mar-21	Wednesday	Dr indurkar	Rashtriya arogya karyakram
269	1-Apr-21	Thursday	Dr Indurkar	Rashtriya arogya karyakram
270	2-Apr-21	Friday	Dr.Barathe	Alma Ata declaration
271	3-Apr-21	Saturday	Dr.Barathe	Class Test
272	4-Apr-21	Sunday		
273	5-Apr-21	Monday	Dr. indurkar	Rashtriya arogya karyakram
274	6-Apr-21	Tuesday	Dr. indurkar	Rashtriya arogya karyakram
275	7-Apr-21	Wednesday	Dr. indurkar	Poshan vishayak rashtriya karyakram
276	8-Apr-21	Thursday	Dr. indurkar	Poshan vishayak rashtriya karyakram
277	9-Apr-21	Friday	Dr. Barathe	Swasth prashasan
278	10-Apr-21	Saturday	Dr. Barathe	Swasth prashasan
279	10-Apr-21	Saturday	Dr. Barathe	Class Test
280	11-Apr-21	Sunday		
281	12-Apr-21	Monday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
282	13-Apr-21	Tuesday		Gudi Padwa
283	14-Apr-21	Wednesday		Dr. Babasaheb Ambedkar Jayanti
284	15-Apr-21	Thursday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
285	16-Apr-21	Friday	Dr. Barathe	Swasth prashasan
286	17-Apr-21	Saturday	Dr Barathe	Class Test
287	18-Apr-21	Sunday		
288	19-Apr-21	Monday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
289	19-Apr-21	Monday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
290	20-Apr-21	Tuesday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
291	21-Apr-21	Wednesday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
292	22-Apr-21	Thursday	Dr.Indurkar	Poshan vishayak rashtriya karyakram
293	23-Apr-21	Friday	Dr. Barathe	Revision
294	24-Apr-21	Saturday	Dr. Barathe	Revision
295	25-Apr-21	Sunday		
296	26-Apr-21	Monday	Dr. indurkar	Poshan vishayak rashtriya karyakram
297	27-Apr-21	Tuesday	Dr Indurkar	Poshan vishayak rashtriya karyakram
298	28-Apr-21	Wednesday	Dr.Indurkar	Revision
299	29-Apr-21	Thursday	Dr.Indurkar	Revision
300	30-Apr-21	Friday	Dr.Barathe	Revision
300	1-May-21	Saturday	Dr.Indurkar	Revision

300	2-May-21	Sunday		
300	3-May-21	Monday	Dr.Indurkar	Revision
300	4-May-21	Tuesday	Dr.Barathe	Revision
300	5-May-21	Wednesday	Dr.Indurkar	Revision
300	6-May-21	Thursday	Dr.Barathe	Revision
300	7-May-21	Friday	Dr.Indurkar	Revision
300	8-May-21	Saturday	Dr.Barathe	Revision
300	9-May-21	Sunday		
300	10-May-21	Monday	Dr.Indurkar	Revision
300	11-May-21	Tuesday	Dr.Barathe	Revision
300	12-May-21	Wednesday	Dr.Indurkar	Revision
300	13-May-21	Thursday	Dr.Barathe	Revision
300	14-May-21	Friday	Dr.Indurkar	Revision
300	15-May-21	Saturday	Dr.Barathe	Revision
300	16-May-21	Sunday		
300	17-May-21	Monday	Dr.Indurkar	Revision
300	18-May-21	Tuesday	Dr.Indurkar	Revision
300	19-May-21	Wednesday	Dr.Barathe	Revision
300	20-May-21	Thursday	Dr.Indurkar	Revision
300	21-May-21	Friday	Dr.Barathe	Revision
300	22-May-21	Saturday	Dr.Indurkar	Revision
300	23-May-21	Sunday		
300	24-May-21	Monday	Dr.Barathe	Revision
300	25-May-21	Tuesday	Dr.Indurkar	Revision
300	26-May-21	Wednesday	Dr.Barathe	Revision
300	27-May-21	Thursday	Dr.Indurkar	Revision
300	28-May-21	Friday	Dr.Barathe	Revision
300	29-May-21	Saturday	Dr.Indurkar	Revision
300	30-May-21	Sunday		
300	31-May-21	Monday	Dr.Barathe	Revision
300	1-Jun-21	Tuesday	Dr.Indurkar	Revision
300	2-Jun-21	Wednesday	Dr.Barathe	Revision
300	3-Jun-21	Thursday	Dr.Indurkar	Revision
300	4-Jun-21	Friday		Revision