

Anand Charitable Trust's
Anand Ayurved College
ATP - CHARAK SAMHITA (POORVARDHA)

Sr.No	TOPIC NAME	HOURS	TEACHER NAME	TOTAL HOURS
1	SUTRASTHAN ADHYAY NO. 1		Vd.Bhusari	5 Hr.
	Chaturvidha Sutra, Ayurved Avataraan,	1 Hr		
	Shatpadarth, Six Rasa, Tripod of Life	2 Hr		
	AstavidhMutra, Dugdha, Sambhasha	1 Hr		
	Dravya, SnehaBhed	1 Hr		
	SUTRASTHAN ADHYAY NO. 4		Vd.Bhusari	4 Hr.
	Six hundred Evacuatives	1 Hr		
	Five sources of Extractives	1 Hr		
	Fifty hundred decoctions	1 Hr		
	Therapeutic uses	1 Hr		
	NIDANSTHAN ADHYAY NO. 1		Vd.Kuril	3 Hr.
	NidanpanchakDefn., Synonyms, Types	1 Hr		
	Etiology , Pathogenesis of the types of Fever, Division	1Hr		
	Prodromal symptoms of Fever	1/2 Hr		
	Importance of Fever , Management of Acute and Chronic Fever	1/2 Hr		
	NIDANSTHAN ADHYAY NO. 2		Vd.Kuril	3 Hr.
	Etiology , Pathogenesis of Raktapitta	1 Hr		
	Prodromal Symptoms, Complication	1 Hr		
	Pathway, Mythical Origin, Management	1 Hr		
	VIMANSTHAN ADHYAY NO. 2		Vd.Kuril	3 Hr.
Three Portion of Belly	1 Hr			
Quantity of Food, Amadosha	1 Hr			
Amadosha, Management, Amashaya	1 Hr			
VIMANSTHAN ADHYAY NO. 3		Vd.Kuril	3 Hr.	
Common Factor involved in Epidemics	1 Hr			
Preventive measures, Life Span	1/2 Hr			
Timely or Untimely Death,	1/2 Hr			
Desaturation and Place- Three Types	1 Hr			
SHARIRASTHAN ADHYAY NO. 1		Vd.Kuril	5 Hr.	
Types of Purusha, Mind defn, properties	1 Hr			
Bhutprakruti, Three causes of misery	2 Hr			
Asatmya, use of Senses	1Hr			
Vedana, Yoga, Moksha	1 Hr			
2	SUTRASTHAN ADHYAY NO. 2		Vd.Kuril	3 Hr.
	Drug useful in Panchkarma	1 Hr		
	Medicated gruels (Yawagu)indication	1 Hr		
	Treatment with Formulations	1 Hr		
	SUTRASTHAN ADHYAY NO. 3		Vd.Kuril	3 Hr.
	Powder an ointment useful in Leprosy	1 Hr		
	& other skin diseases			
Vatic Disorders, Colic ,Vatrakta,headache	1 Hr			

	Chest pain, Poisoning & Foul Smell	1 Hr		
	SUTRASTHAN ADHYAY NO. 5			
	Quantity of Food- Indication & Contra- indication, Dincharya, Smoking, Anutaila	2 Hr	Vd.Bhusari	4 Hr.
	Gargle, Oil massage, footwear, Umbrella	1 Hr		
	Emphasis on Health Care	1 Hr		
	SUTRASTHAN ADHYAY NO. 6			
	Division of Season	1 Hr	Vd.Kuril	3 Hr.
	Rutucharya, Aahar, Vihar, Tyajya Karma	2 Hr		
	SUTRASTHAN ADHYAY NO. 7			
	Non-suppressable & Suppressable urges	1 Hr	Vd.Kuril	3 Hr.
	Dehaprakriti, Excretory Passage	1 Hr		
	Method of Prevention of innate and exogenous disorders	1 Hr		
	NIDANSTHAN ADHYAY NO. 3			
	Types of Gulma, Etiology	1 Hr	Vd.Bhusari	3 Hr.
	Pathogenesis, Symptoms	1 Hr		
	Prodromal Symptoms	1 Hr		
	NIDANSTHAN ADHYAY NO. 4			
	Etiology, Pathogenesis, Types of Kaphaj, Pittaj, Vataj Prameha	1 Hr	Vd.Kuril	2 Hr.
	Prodromal Symptoms	1/2 Hr		
	Complication, Person prone to Prameha	1/2 Hr		
	VIMANSTHAN ADHYAY NO. 5			
	Defn., Origin of Srotas, Role of Dosha	1 Hr	Vd.Kuril	2 Hr.
	Character of Morbidity in Srotas			
	Colour & size of Srotas	1 Hr		
	Management of Affection of Srotas			
	INDRIYASTHAN ADHYAY NO. 2			
	Death always preceded by fatal signs	1/2 Hr	Vd.Bhusari	1 Hr.
	Types of Smell & Abnormal taste indicating Death.	1/2 Hr		
	INDRIYASTHAN ADHYAY NO. 4			
	Fatal sign related to vision	1/2 Hr	Vd.Bhusari	1 Hr
	Fatal sign related to other senses	1/2 Hr		
3	SUTRASTHAN ADHYAY NO. 8			
	Five Pentads, Spiritual Factors	1 Hr	Vd.Bhusari	2 Hr.
	Sadvritta	1 Hr		
	SUTRASTHAN ADHYAY NO. 9			
	Defn of health, Disease, therapeutics	1 Hr	Vd.Kuril	3 Hr.
	Chikitsa-Chatushpad, Importance	2 Hr		
	SUTRASTHAN ADHYAY NO. 10			
	Chatushpad having 16 Qualities	1 Hr	Vd.Kuril	2 Hr.
	Classification of Disease according to Curability	1 Hr		
	SUTRASTHAN ADHYAY NO. 11			
	Discussion of existing of other world	1 Hr	Vd.Kuril	4 Hr.
	Fourfold of investigation	1 Hr		
	Astatrik	2 Hr		
	NIDANSTHAN ADHYAY NO. 5			
	Etiology, Types of Kustha	1 Hr	Vd.Bhusari	2 Hr.
	Pathogenesis, Symptoms	1/2 Hr		
	Prodromal Symptoms, Complication	1/2 Hr		
	VIMANSTHAN ADHYAY NO. 1			

	Significance of Vimansthan	1 Hr	Vd.Bhusari	4 Hr.
	Rasa, Dosha, Dravya, Vikarprabhav	1 Hr		
	AstavidhAharVisheshayatanani	1 Hr		
	Method of Dieting	1 Hr		
	SHARIRSTHAN ADHYAY NO. 2		Vd.Kuril	4 Hr.
	Nature of Shukra,Delayed Conception	1 Hr		
	Types of impotent progeny, Causes	1 Hr		
	Daiva&Paurusha	1 Hr		
	Prevention of seasonal disorders	1 Hr	Vd.Kuril	1 Hr.
	INDRIYASTHAN ADHYAY NO. 1			
	Prakriti, Vikriti and its types	1/2 Hr		
	Normal and abnormal complexions,	1/2 Hr	Vd.Kuril	1 Hr.
	Voices			
4	SUTRASTHAN ADHYAY NO. 12		Vd.Bhusari	4 Hr.
		Properties of Vata, Agrevating,pacifying factor & their action		
	Normal & abnormal Function of tridosha	1 Hr		
	Importance of discourse	1 Hr	Vd.Kuril	4 Hr.
	SUTRASTHAN ADHYAY NO. 13			
	Sources of Uncting Substances,	1/2 Hr		
	24 , 64 media of unction	1/2 Hr		
	Doses, indication, contra-indication	1 Hr		
	Duration, Symptoms of unction	1 Hr	Vd.Kuril	3 Hr.
	Complication, treatment and Uses	1 Hr		
	SUTRASTHAN ADHYAY NO. 14			
	Fomentation-Types, Method, symptom	1 Hr		
	Indication, Contra-indication	1/2 Hr	Vd.Kuril	2 Hr.
	Materials, Foment without fire- types	1 Hr		
	Preparation & Management	1/2 Hr		
	SUTRASTHAN ADHYAY NO. 15		Vd.Kuril	2 Hr.
	Equipment-importance	1/2 Hr		
	Preparation of patient Sign & instruction	1/2 Hr		
	Symptoms of Administration, Dietic regimen,Merits of Evacutive therapy	1/2 Hr		
	VIMANSTHAN ADHYAY NO. 4		Vd.Bhusari	4 Hr.
	Three sources of Knowledge	1 Hr		
	Examination of Disease,Fact known from authority, perception, inference	3 Hr	Vd.Kuril	3 Hr.
	SHARIRSTHAN ADHYAY NO. 3			
	Embryo produced by factors	1 Hr	Vd.Kuril	3 Hr.
	Sambhasha, GarbhajShadbhava	2 Hr		
	SHARIRSTHAN ADHYAY NO. 5		Vd.Kuril	3 Hr.
	Lok-PurushaSamyaSiddhant	1 Hr		
	Sources of inclination	1/2 Hr		
	Attainment of pure mind and intellect	1 Hr		
	Synonyms of Liberation	1/2 Hr	Vd.Kuril	3 Hr.
5	SUTRASTHAN ADHYAY NO. 16			
	Symptoms of Purgation	1 Hr		
	Evacuative therapy-Indication, Merits			
	Management & Complication	1 Hr		
	Swabhavoparamvad	1 Hr		
	SUTRASTHAN ADHYAY NO. 17		Vd.Kuril	3 Hr.
	Etiology, Pathogenesis, Types of Head disease, 62 Combination of Dosha	1 Hr		
		1/2 Hr		

	Symptoms of KshayDhatu, Mala, Ojas	1/2 Hr	Vd.Bhusari	4Hr	
	Pathogenesis of diabetes, Vidradhi, Boils,	1 Hr			
	Complication Movement of Dosha, Merit	1 Hr			
	NIDANSTHAN ADHYAY NO. 6		Vd.Kuril	3 Hr.	
	Etiological Factor of phthisis	2 Hr			
	Rajyakshma-Prodromal & 11 Symptoms Prognosis	1 Hr			
	VIMANSTHAN ADHYAY NO. 6		Vd.Kuril	3 Hr.	
	Classification of Disease from various angles, Types of Agni	1 Hr			
	Interaction of psychic & Somatic Factor Management as per Dosha constitution	2 Hr			
	SHARIRSTHAN ADHYAY NO. 4		Vd.Kuril	3 Hr.	
	Defn, composition, formation of Embryo	1 Hr			
	MonthwisedevelopmentofFoetus	1 Hr			
	Sign & Symptomts of Pregnancy Types of Psyche-Sattwa, raja, tama	1 Hr			
	INDRIYASTHAN ADHYAY NO. 3		Vd.Kuril	1 Hr.	
	Abnormal & Fatal Sign relate to palpation	1/2 Hr			
	Examn of respiration, eyes, hairs, nail, abdomen, teeth, Fingers	1/2 Hr			
	INDRIYASTHAN ADHYAY NO. 5		Vd.Kuril	1 Hr.	
	Fatal Prodroma of phthisis, fever etc.	1/2 Hr			
	Dreams indicating imminent death	1/2 Hr			
	Cause & Types of Dreams Fruitless & otherwise dreams				
	INDRIYASTHAN ADHYAY NO. 6		Vd.Kuril	1 Hr.	
	Various fatal condition	1 Hr			
	INDRIYASTHAN ADHYAY NO. 7		Vd.Kuril	2 Hr.	
	Abnormal types of Shadow	1 Hr			
	Three Sizes of Praticchaya Chhaya & Prabha Bheda	1 Hr			
	INDRIYASTHAN ADHYAY NO. 8		Vd.Kuril	1 Hr.	
	Fatal condition relating to eyes, nose etc	1 Hr			
	INDRIYASTHAN ADHYAY NO. 9		Dr. Pandav	1 Hr.	
	Abnormal Eyes, Sign of Fatal paittika disorder and yakshma	1/2 Hr			
	Test of Sputum, Stool & Semen in water Shankhak -Fatal disease	1/2 Hr			
6	SUTRASTHAN ADHYAY NO. 19		Vd.Kuril	2 Hr.	
		48 Disease Sydromes			1 Hr
		Innate disorders emanate from Tridosha Mutual Relation of innate & exogenous disorder			1 Hr
		SUTRASTHAN ADHYAY NO. 20		Vd.Kuril	4 Hr.
		Classification & Etiology of Diseases	1 Hr		
		Location of Doshas Disorders- Vatik, Pittaik, Kaphaj	1 Hr		
		Character, Efforts & Treatment of Vayu, Pitta, Kapha	1 Hr		
		SUTRASTHAN ADHYAY NO. 21		Vd.Kuril	4 Hr.
		8 Despicable persons	1 Hr		
		Causes & demerits of over-obesity &	2 Hr		

	Sleep- Cause, Merits, Demerits, Types	1 Hr		
	NIDANSTHAN ADHYAY NO. 7			
	Insanity- Defn, Types, Pathogenesis	1 Hr	Vd.Bhusari	3 Hr.
	Prodromal Symptoms, Features,	1 Hr		
	Management, Prognosis	1 Hr		
	SHARIRSTHAN ADHYAY NO. 6			
	Defn of Body, Dhatu Principal	1 Hr	Vd.Kuril	3 Hr.
	factor leading toGrowth of Body,Strength	1/2 Hr		
	FoetalNourishmentin Womb	1/2Hr		
	Timely or Untimely Death, Life -span	1 Hr		
	SHARIRSTHAN ADHYAY NO. 8			
	Praeparation for Coitus, Method	1 Hr	Vd.Bhusari	4 Hr.
	Pumsavana, Management of Pregnant woman, Abnormal Types of Foetus	1 Hr		
	Sign & Symptoms of Dead Foetus			
	Maternity Home , Management during Labour, Neonatal Care, Healthy conduct for mother, Naming of Child, Wet nurse	1 Hr		
	Care of baby, Amulates, Toys	1 Hr		
	Management of Child during illness			
7	SUTRASTHAN ADHYAY NO. 18			
	Three Swelling of 2 Types, Etiology, Principle of treatment	1 Hr	Vd.Bhusari	3 Hr.
	Special types of Swelling	1 Hr		
	Normal function of tridosha, Character of their aggrevation& diminution	1 Hr		
	SUTRASTHAN ADHYAY NO. 22			
	Six therapeutic measures & 7 properties	1 Hr	Vd.Kuril	4 Hr.
	Reducing , Promoting, Roughning	2 Hr		
	Checking measures & Indication			
	Symptoms of adequate, inadequate, excessive use of this measures	1 Hr		
	SUTRASTHAN ADHYAY NO. 23			
	Oversaturation & undernutrition - causes of disease & treatment	2 Hr	Vd.Kuril	4 Hr.
	Quickly acting & prolonged use of saturating measures	2 Hr		
	SUTRASTHAN ADHYAY NO. 29			
	10 Seats of vital breath	1 Hr	Vd.Kuril	3 Hr.
	Types of Physicians, Characteristics of Pranabhisara&Rogabhisara	2 Hr		
	VIMANSTHAN ADHYAY NO. 8			
	Selection of treaties, teacher,student	1/2 Hr	Vd.Bhusari	4 Hr.
	Method of Study , teaching	1/2 Hr		
	Discussion , Opponents types	1/2Hr		
	44 types Vada	1 Hr		
	Tenfold entities to be examined	1/2 Hr		
	Rogipariksha	1/2 Hr		
	Six groups of drugs used in Asthapana, Anuvasana, Shirovirechana	1/2Hr		
	SHARIRSTHAN ADHYAY NO. 7			
	Layers of Skin, No. of Bones, Viscera	1 Hr	Vd.Kuril	3 Hr.
	Seats of Vital Breath, 9 major orifices			
	Ligaments, veins etc ,			

	measurable entities with Anjali	1 H		
	Division of Body Accordg to 5 Mahabhutas	1 Hr		
8	SUTRASTHAN ADHYAY NO. 24		Vd.Kuril	5 Hr.
	Merits of Pure Blood, Causes of impurity of blood & disease, Managements	2 Hr		
	Characters of Impure & pure blood	1 Hr		
	Management after blood letting	1 Hr		
	Narcosis, fainting, Coma-Symp& Treat.	1 Hr		
	SUTRASTHAN ADHYAY NO. 25		Vd.Bhusari	6 Hr.
	Symposium about early origin of person and his disorders	2 Hr		
	Classification of Food	1 Hr		
	Wholesome & Unwholesome Food	1 Hr		
	Best Drugs & other Entities	1 Hr		
	Defn of Pathya, 84 Asavas	2 Hr		
	SUTRASTHAN ADHYAY NO. 26		Vd.Kuril	7 Hr.
	Symposium on the No. of Rasa	2 Hr		
	Drugs- its properties & action			
63 variation of Rasas in drugs	1 Hr			
ParadiGuna,Rasas, Virya, Vipak, Prabhav	2 Hr			
Characters of Six rasa, Incompatible of Food items, Types, Diseases	1 Hr			
NIDANSTHAN ADHYAY NO. 8		Vd.Kuril	4 Hr.	
Epilepsy-Defn, Types, Pathogenesis,	2 Hr			
Prodromal Symptoms, Features, Management, Prognosis, Mythical origin	1 Hr			
INDRIYASTHAN ADHYAY NO. 12		Vd.Bhusari	2 Hr.	
Sign indicating death by a month, a fortnight,Bad sign relating to messenger	1/2 Hr			
protentous sign in the way, in patient house, Sign of recovery of patient	1/2 Hr			
	1/2 Hr			
9	SUTRASTHAN ADHYAY NO. 27		Vd.Bhusari	4 Hr.
	Good food-Merits, Action	2 Hr		
	Group of cereals, legumes, meats,fruits, vegetables, salads, liquiors, water, milk, sugars, honey, dietary preparation			
	postmeal drink, heavy & light food	1/2 Hr		
	importance of proper food	1/2 Hr		
	SUTRASTHAN ADHYAY NO. 28			
	Function of Various Foods, Importance	1/2 Hr		
	Aharprasad&Kitta& their function	1/2 Hr		
	Immunity &their resistance to diseases	1 Hr		
	Disorders by dhatu, Sense organs etc.	1/2 Hr		
	Differentiation betn wholesome &liked investigator & layman, Consequences of intellectual error, Body-Product of Food	1/2 Hr		
	SUTRASTHAN ADHYAY NO. 30		Vd.Kuril	3 Hr.
	Heart, Ojas, Dhamani,Srotas, Sira	1 Hr		
	Defn of Ayurveda , Ayu&its synonyms	1/2 Hr		
8 division,8 questions, 8 Sections, 120 chapter,interrogation&its interpretation	1 Hr			
Use of 8 Questions	1/2 Hr			
VIMANSTHAN ADHYAY NO. 7				
Person diseases sevearely or otherwise	1 Hr			

	Krimis-types, etiology, location, colour, name, effect, remedy, Treatment	1/2 Hr 1/2 Hr	Vd.Kuril	3 Hr.
	Method of Elimination, Prakritvighata	1 Hr		
	INDRIYASTHAN ADHYAY NO. 10			
	Various conditions indicating imminent death	1 Hr	Vd.Bhusari	1 Hr.
	INDRIYASTHAN ADHYAY NO. 11			
	Sign indicating death within a year, six month, a month	1/2 Hr	Vd.Bhusari	1 Hr.
	Absence or Excess of Mahabhutas Defn of Arishta	1/2Hr		
10	Revision	-	-	-

TOTAL - 26+25+22+23+23+20+21+24+16 = 200 Hr.

LECTURER -130

READER - 70

TOTAL -200