

DEPARTMENT OF KRIYA SHARIR

The Shair kriya is the basic subject of ayurveda for 1st BAMS Students. The whole purpose of kriya sharir is to explore the normal functions of the living organism, their principal, their mechanism and their actions. It involves understanding human physiology along with the principles of functions of human body from ayurvedic perspective. Studying kriya sharir is very important as it is the base of treating any disease.

In this subject students get introduced to basic ayurvedic concepts like Dosha, Dhatu, Mala, Prakruti etc. If one understands the kriya sharir it is easy to understand ayurvedic pathological and pharmacological changes and further ayurvedic medicine.



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